

# BLESSED WITH HOPE ACTIVITIES

- ✓ Declaration of Death
- ✓ End of Life
- ✓ Physician-Assisted Suicide
- ✓ Prolonging vs. Extending

## Declaration of Death

- ✓ Create care packages for families that have a loved one dying.
- ✓ Develop printed prayer vigils that members can use with families struggling with a loved one dying.
- ✓ Train a team of individuals at your church to help families through the death and dying process.
- ✓ Create a list of trusted advisors (pastors, lawyers, medical personnel) to share with your community.

## End of Life

- ✓ Assist a loved one in planning a funeral and helping make preparations.
- ✓ Do a study on Lutheran liturgy using the funeral and committal services that affirms the joy of the resurrection of the body.
- ✓ Develop a grieving group where those who have lost loved ones can meet to work through the loss.
- ✓ During the first year, check in frequently with those who have lost loved ones.

## Physician-Assisted Suicide

- ✓ Invite a speaker or pastor to speak about end-of-life issues.
- ✓ Pray for those with terminal diagnoses.
- ✓ Volunteer for hospice or visit those homebound or in the hospital.
- ✓ Acknowledge and communicate the Lord's presence and His purpose in suffering.
- ✓ Confess the truth that worth and identity are not based on ability.

## Prolonging Life versus Extending Death

- ✓ Provide others with Lutherans For Life resources on prolonging life versus extending death.
- ✓ Define the difference between prolonging life and extending death.
- ✓ Share information about proper use of medical support and reasons we might prolong and celebrate life.