

Fearfully and Wonderfully Made

Life Sunday 2026 Children's Message

How many of you have made something special for your mom or dad? What was it?
(*Await responses.*)

I bet that took a lot of time, didn't it? And I'm sure you worked very hard to make it the very best you could. And how did Mom or Dad react? They probably said they loved it, right? Maybe some of those projects are even set out around the house for other people to see and enjoy—on the refrigerator or hung up on the wall.

How do you think you would have felt if they said they didn't like it, or if they just threw your gift away? That wouldn't feel very good, would it? It would probably have hurt your feelings very much because you were very careful to make that item very special for them.

The Bible tells us that God made Adam and Eve very carefully, too. Do you remember how God made the world—the mountains, the plants, the animals? He just talked! He said, "Let there be light," and what happened? The light just appeared!

But that's not how God made Adam and Eve. Do remember how God made Adam and Eve? (*Await responses.*) The Bible says that God made Adam by making the form of a man in the dirt and then by breathing into his nose. Have you ever seen someone receiving CPR on TV? It was kind of like that. God breathed into Adam's nose, and he came to life. And then He put Adam to sleep, did a little operation on him, took out one of Adam's ribs, and then made Eve from that rib bone. It sounds a little weird, doesn't it?

But God wants us to know that He made Adam and Eve to be special. They were more precious to God than everything else that He made. God says that He made them in His image. He loved them and planned to spend the rest of time with them. So He made Adam and Eve very carefully. He made a plan for them. He designed them. He took the time to shape their bodies to be just right. And He gave them life by breathing His own life into them.

And guess what! God has made you specially, too! The Bible says that you are "fearfully and wonderfully made," just like Adam and Eve. He didn't make you from dirt or from a piece of bone; instead, He says that He "knits" us together in our mother's wombs.

Have you ever seen anybody knit something? It takes a lot of careful work! That's what God has done to have you. He has taken the time to design what you would look like and create you just the way you are.



You are very precious to God! So precious that He sent His Son, Jesus, to come and die on the cross for you to forgive your sins so that you could spend eternity with Him in heaven. And, because you are special to God, He doesn't want other people to hurt you. He's given us the 10 Commandments to protect us from being hurt by one another. Can you think of how some of those commandments protect us? (*Await responses.*) Very good!

But you're not the only one who is special to God. Who else has God made special? (*Await responses.*) That's right, everyone. God makes all people. And Jesus has died for all people, which means that all people are special and precious to God. And just as He wants other people to love us and treat us well because we are precious to Him, He wants us to love everyone and treat them like they are precious. It doesn't matter how big or small they are, or how young or how old, or what they look like, or if they are healthy or sick. God has fearfully and wonderfully made all people in all shapes and sizes and conditions, and therefore they are all precious to Him, just like you.