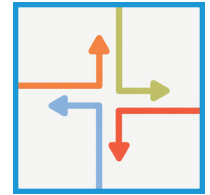


Directions ...

For LFL's Frontline
January-February
2025



Directions is sent bi-monthly to all of Lutherans For Life's Frontline—State Federations, Life Chapters, Life Teams, Life Advocates—with Bible studies and articles on leadership, faith in action, fundraising, news and notes, and facts and stats.



This edition of Directions includes ...

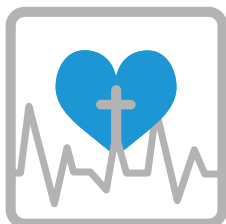
A Bible Study:
Angels and the Sanctity of Life

Let's Meet ... Lowell Highby

Life Sunday | Life Week 2025

Life Project: Going Gracefully
and Faithfully Resource Folder

Life Project: Poster Contest for Grades 4-8



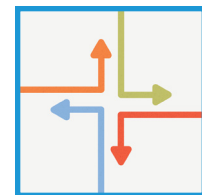
LUTHERANS
FOR LIFE



lutheransforlife.org/resources/journal

FRONTLINE CALL

For All Lutherans For Life Frontline Volunteers!



Meeting ID:
861 3336 6104

Passcode:
652977

Monday, January 13, 2025 • 7:00-8:00 p.m. CT | 8:00-9:00 p.m. ET
<https://us02web.zoom.us/j/86133366104>

Members of the Yellowstone Valley LFL Chapter #331, in Billings, Montana, will share how they have taken diaper drives to the next level. The diaper project started in 2016 when LaVic Health (the local crisis pregnancy center) referred “Rachel” to the Life Chapter. From this first gift of diapers to one mom has come their current program of providing diapers to three families for a three-year period. They also provide a packet of wipes, a frozen meal, and a children’s book to each family each month. Tune in to our January Zoom call and get the details for this marvelous project. More details are also available on pages 17-18 of this edition of *Directions*.

Lowell Highby, Director of Communications for Lutherans For Life, will highlight LFL’s newest printed resources, of which there are many, and point out some that seem to be the most impactful with the Frontline based on their demand. Besides these resources on many life issues, we have *LifeDate*, *Directions*, *Life Quotes*, *Life Notes*, and other publications to help you in your life ministries. Lowell will show you where to find these, and if you are not receiving them already, you will now know how to do so! He will share information about our upcoming Life Sunday and show you where to find these amazing resources. Finally, he will walk you through our varied online communication platforms where you will find the latest and the greatest that LFL has to offer.

Virginia Flo, Director of Volunteer Relations, will give updates on their activities.

If you have projects you would like to share or questions to be answered, email info@lutheransforlife.org or call the LFL national office at 888.364.LIFE (5433) or 515.382.2077.

Frontline Call Archive: <https://lutheransforlife.org/frontline-call-archive/>
Upcoming Frontline Zoom Calls: April 14, 2025 | July 14, 2025





Life Quotes 2025

Share the For Life message all year long with **Life Quotes!**

Life Quotes are quotations on life issues—many from LFL resources and publications—for use in weekly congregational bulletins. You are also free to use the quotations in your monthly newsletter.

The quotes are dated but could generally be used any time.

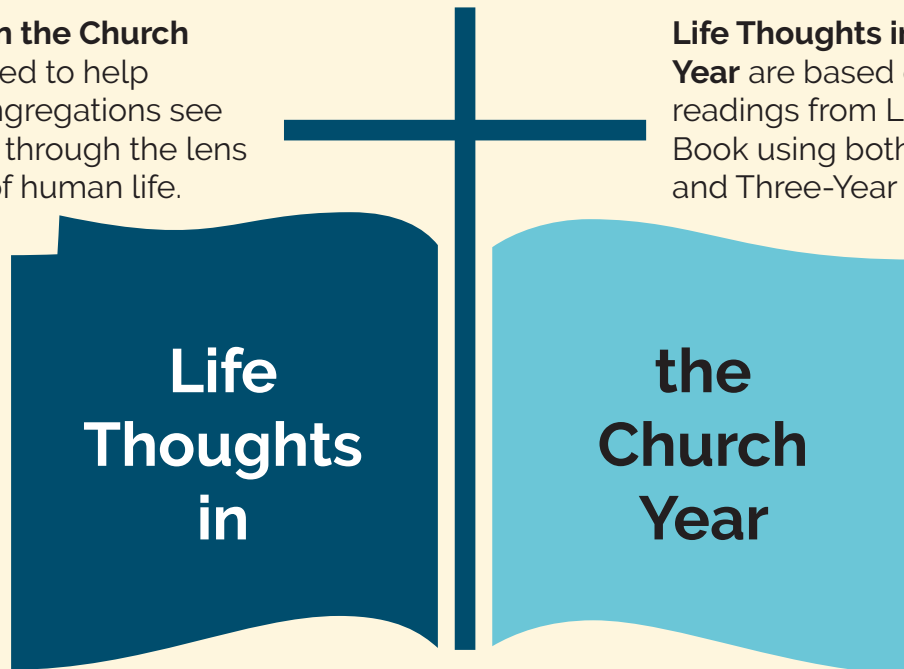
Life Quotes are available at lutheransforlife.org/resources/life-quotes.



Free Downloadable Resources!

Life Thoughts in the Church Year are designed to help pastors and congregations see the church year through the lens of the sanctity of human life.

Life Thoughts in the Church Year are based on the appointed readings from Lutheran Service Book using both the One-Year and Three-Year Lectionaries.



lutheransforlife.org/resources/life-thoughts





The Lutherans For Life **Volunteer Relations Team** joyfully and diligently spends many hours speaking to individuals from Lutheran churches around the country—encouraging, equipping, and supporting them as Gospel-motivated voices For Life, whether as **Life Advocates**, **Life Teams**, or **Life Chapters**.

As an encouragement to all of you already working For Life on the Frontline, we would like to introduce to you the newest members of your Frontline community.

New Life Advocates

We rejoice and CELEBRATE! the addition of these Gospel-motivated Life Advocates to the Lutherans For Life Frontline.

- Ernest Diebel, Hope Lutheran Church, Melbourne, Florida
- Julie Lancaster, Advent Lutheran Church, Kings Mountain, North Carolina
- Taylor Wilson, Joy Mission Lutheran Church, Lexington, South Carolina

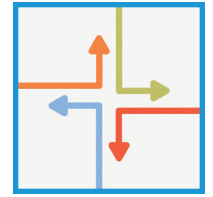
We rejoice in and CELEBRATE! the addition of these new Gospel-motivated voices For Life to the Lutherans For Life Frontline.

If you would like to know more about becoming a Life Advocate or starting a Life Team or Life Chapter, please contact Virginia Flo, Director of Volunteer Relations, at vflo@lutheransforlife.org.

The entire Volunteer Relations Team is here to help you!



A Bible Study: Angels and the Sanctity of Life



Our Heavenly Father has given us an enchanted universe. More entities and activities than meet the eye are operating around and among us. All sorts of unseen forces—and even invisible beings—occupy the spaces we inhabit. The Lord our God’s presence and power accompany us far more abundantly than our minds can behold!

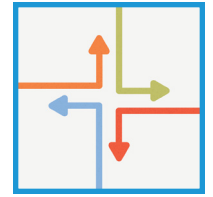
The holy angels number among these gifts. The Almighty Maker has designed and dispatched these creatures specifically to deliver His love, comfort, assistance and security to our kind. The very existence of an entire species of living things devoted to our benefit demonstrates the high regard He has for human lives.

“Angel” simply means “messenger.” It comes from the Greek word *angelos*—which itself constitutes the primary part of the word for “Gospel”: *euangelos* or “good news.” Angels carry (and carry out) God’s directives to His people. The Scriptures describe angels as typically hidden from sight, but when they do appear, they often have human-like features (faces, voices, hands, feet). This probably indicates that our dear Father doesn’t want to frighten us any more than necessary and that He likes to deal with us on our level. (After all, He became human Himself to get nearer to us!) Perhaps most interestingly, though, angels in the Bible have a close connection to the sanctity of life.

1. If you could give your guardian angel a name, what would you choose?
2. Which angelic quality best suits you: (a) invisibility, (b) immortality, (c) flight, (d) brightness, or (e) combat?
3. What are some honors or privileges the Lord God gives humankind that He does not extend to angels (Genesis 1:26-28; Hebrews 1:4-14; 1 Corinthians 6:3; 1 Peter 1:12)?
4. What activities do angels engage in (Exodus 23:20; Numbers 22:22; Luke 1:19; Revelation 7:11; Revelation 12:7)? What has God appointed as their primary purpose (Hebrews 1:14)?
5. Why do you think the sight of angels makes Scripture’s characters so frequently frightened (Luke 2:9; Matthew 28:2-4)?



6. How do angels enact the sanctity of life for little children from the moment of fertilization (Luke 1:35; Matthew 2:13; Genesis 22:11-12; Matthew 18:10)?



7. What other kinds of endangered human lives does our Lord commission angels to safeguard and support (1 Kings 19:1-5; Genesis 16:7; Judges 13:3; Acts 5:19; Daniel 3:28; John 5:2-4 KJV)?

8. When do angels perhaps approach closest to humankind (Luke 16:22; Matthew 24:31)? Why do you think this is? How does this affirm the Father's authority over life and death (2 Kings 19:35; Revelation 9:15; Psalm 103:20)?

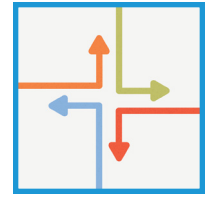
9. How has the devil aspired to acquire this authority for himself (Isaiah 14:12-14; Revelation 12:7)? What effect has it had on the angel host (Revelation 12:9)? How does Satan entice humankind to imitate him (Job 1:6; 2 Corinthians 11:14)? What is he really after (Matthew 4:9)?

10. How do angels reinforce divine grace and forgiveness that affirms the worth of those who have aborted their own children (Isaiah 6:6-7; Luke 15:10)?

11. How might we carry out receiving neighbors as angels (Galatians 4:14; Hebrews 13:2)? How might this bring us delight?



Let's Meet ... Lowell Highby



Lowell Highby has been a member of the Lutherans For Life staff since January of 1998. His first title was Director of Media and Development, and he is now Director of Communications. Before joining LFL, he served as general manager of KNGN Good News Radio in McCook, Nebraska, an LCMS radio station, from 1992 through 1997. Prior to 1992, Lowell worked in various capacities at radio stations in Marshall, Minnesota; Antigo, Wisconsin; and Redwood Falls, Minnesota, having received his broadcast training at Brown Institute of Broadcasting in Minneapolis, Minnesota.

Lowell has been active in local congregations, serving as Sunday school and Vacation Bible Study teacher, Lutheran Youth Federation advisor, Lighthouse Bible study group leader, local Lutheran Laymen's League president, and choir member. In addition, he has held various church council positions (board of education, president, secretary, and adult and youth discipleship), was a member of the Clemons (Iowa) Lutheran School Board, and was past president and secretary of the McCook Sertoma Club. He is currently the treasurer for the Lamberton (Minnesota) Lions Club, and, as of March 2019, serves on the board of directors for Choices Pregnancy Center in Redwood Falls and Marshall, Minnesota. He is a volunteer with Redwood County Restorative Justice.

Lowell has also been involved in community theater and local historical societies in Walnut Grove, Minnesota, and Nevada, Iowa, and is currently on the committee for the Laura Ingalls Wilder Pageant in Walnut Grove. He has also participated in the Wilder Pageant as an actor, playing a number of roles over 16 years. Lowell said the pageant is a unique and wonderful thing to be a part of, saying, "One gets to spend a part of the summer outside with a great group of people who range in age from a baby to retired, telling an important story that brings in audiences from all over the world."



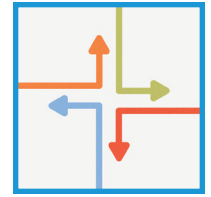
Foster Care and Adoption

Lowell was adopted as a baby by Russell and Charlotte Highby and grew up on the family farm near Revere, Minnesota. His sister, Janet, was also adopted as a baby.

For several years, Lowell was a licensed foster care provider. Going back to the Wilder Pageant, Lowell said, "While foster care is often very difficult, a favorite memory is of a teenage foster daughter who went



from being petrified to even go on stage to actively and joyfully participating in the child dance in the pageant.”



Until Russia closed down international adoptions in 2012, Lowell had been involved for several years with Camp Hope, based in Des Moines, Iowa, which worked to find adoptive homes for older Russian orphans. Through Camp Hope and foster care, Lowell became a dad to his four children. His son, Alex, was adopted from Russia, and his three daughters, Kierra, Callie, and Eva, were adopted through foster care. Lowell resides in Lamberton, Minnesota, and the Highbys are members of St. John Evangelical Lutheran Church (WELS) in Redwood Falls.



Lutherans For Life

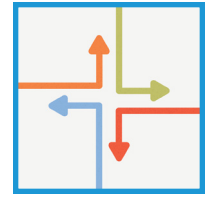
All of the staff of Lutherans For Life has taken the CliftonStrengths assessment. About that, Lowell said, “Belief shows up as my number one strength and is a prime motivator for me. It can also be a stress factor as I try to navigate a world and a country and culture that has lost its mind on so many issues. It can also lead to a feeling of being an outsider as so many family and friends have different attitudes and outlooks than my own. One thing about LFL that I really appreciate is that, despite our differences, we are united when it comes to life issues—which is a great strength for the organization. Also, the fact that our positions on life issues derive directly from God’s Word is a great encouragement.”



Kierra, Callie, and Eva Highby with Charlotte Highby at Callie’s high school graduation party in May.



Life Sunday | Life Week 2025



Life Shines in Darkness is Lutherans For Life's theme for Sanctity of Human Life Sunday, which is set for **January 19, 2025**. Your congregation can observe Sanctity of Human Life Sunday on that date or at any time during the year.

Our Life Sunday 2025 theme is based on John 1:4-5: **“In him was life, and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it.”**

For the past four years, Lutherans For Life has been sponsoring a week full of activities, educational opportunities, and other events during what we call Life Week. In 2025, Life Week will begin on Sunday, January 19, and culminate with the Y4Life Youth Conference in Washington D.C., which runs from January 23 to January 25 and will include the opportunity for both youth and adults to participate in the National March for Life on January 24.



Our Frontline groups—Life Advocates, Life Teams, and Life Chapters—often coordinate the Life Week activities within their own congregations. These include daily Zoom presentations on the life topics listed below, special events, and activities.

Daily Themes and Colors

Each day of Life Week is designated with a theme and color listed below.

- Sunday: Life Shines at Church – Neon Yellow
- Monday: Life Shines at School – Neon Green
- Tuesday: Life Shines in Children – Neon Orange
- Wednesday: Life Shines in Money – Neon Mint
- Thursday: Life Shines in Dialogue – Neon Purple
- Friday: Life Shines in Civic Action – Neon Punch Pink
- Saturday: Life Shines in Vocation – Neon Blue

Zoom Presentations

Join us on Zoom for daily one-hour presentations on life topics from 7:00 p.m. CT/8:00 p.m. ET.

- Sunday, January 19 – Life Shines at Church – Virginia Flo
- Monday, January 20 – Life Shines at School – Michelle Bauman
- Tuesday, January 21 – Life Shines in Children – Marie MacPherson
- Wednesday, January 22 – Life Shines in Money – Rev. Michael Salemink and David Probst
- Thursday, January 23 – Life Shines in Dialogue
 - Adult Speaker:** Josh Brahm – **LIVE EVENT**
 - Youth Speakers:** Michelle Bauman, Rev. Raddatz, and Josh Brahm



Life Shines in Darkness



LIFE WEEK 2025
LUTHERANS FOR LIFE



- Friday, January 24 – Life Shines in Civic Action
Adult Speaker: (7:00 p.m. CT/8:00 p.m. ET) Kim Laube – **LIVE EVENT**
Youth Speaker: (8:00 a.m. CT/9:00 a.m. ET) Katy Faust, (6:00 p.m. CT/7:00 p.m. ET) Debrief – Michelle Bauman, (7:00 p.m. CT/8:00 p.m. ET) Panel Discussion on Gender: Rev. Tim Pauls, Deaconess Rachel Geraci, and Rev. Chad Hoover
- Saturday, January 25 – Life Shines in Vocation
Youth Speaker: Rev. Chad Hoover – Life Shines in Relationships, Identity, and Family
Adult and Youth Speaker: (10:15 A.M. ET) Rev. Jeff Leininger – Life Shines in God’s Callings for Life – **LIVE EVENT** (Note: Different time for Zoom presentation.)

Zoom Codes for ALL Presentations

Meeting ID: 823 0198 5273

Passcode: Grace

Use our LFL Life Sunday and Life Week 2025 resources to unpack the **Life Shines in Darkness** theme and discover how it influences the For Life movement in your congregation, your community, and beyond. Resources include fact sheets, activity sheets, competitions, t-shirt order links, event registration, Life Sunday materials, and more! Our prayer is that these materials will provide valuable information and will be an encouragement to you in your life-affirming work in your congregation and in your community. Check out our resources at:

lutheransforlife.org/store-life-sunday-2025
lutheransforlife.org/life-week-2025



Life Shines in the Darkness



LIFE WEEK 2025
LUTHERANS FOR LIFE



Sunday, January 19, 2025

Life Shines at Church with *Virginia Flo*
Focus: An overview of the created-redeemed-called Gospel motivation and practical suggestions for speaking and showing the sanctity of life in and with the local congregation.

Monday, January 20, 2025

Life Shines at School with *Michelle Bauman*
Focus: Identifying life issues that students especially encounter and outlining the opportunities educational communities have for celebrating sanctity of life in curriculum and on campus.

Tuesday, January 21, 2025

Life Shines in Children with *Marie MacPherson*
Focus: Emphasizing the blessings God gives through procreation and parenting and finding ways both to oppose the cultural adult-first outlook and affirm receiving kids - one's own and those of others - as privileges, particularly inculcating in them their worth as well as their neighbors'.

Wednesday, January 22, 2025

Life Shines in Money with *Dave Probst & Rev. Michael Salemink*
Focus: Exploring how a consumption economy pressures against the sanctity of life, attending to a Biblical theology of income and expenditure as service to neighbor, and inventorying how to convert cash into investment in Gospel proclamation.

Thursday, January 23, 2025

Life Shines in Dialogue with *Josh Brahm*
Focus: Strategies and practices for speaking the truth in love about life issues, overcoming barriers and opening relationships through conversation and advocacy that display both courage and compassion to warn and win over.

Friday, January 24, 2025

Life Shines in Civic Action with *Kim Laube*
Focus: Reaching beyond voting toward educating oneself about advancing legislation, engaging elected representatives with grace, and identifying local governance arenas that affect sanctity of life matters.

Saturday, January 25, 2025

Life Shines in Vocation with *Rev. Jeff Leininger*
Focus: Leveraging one's relationships, occupations, interests, and environments to demonstrate the sanctity of neighbors and declare to them how God loves every human being.

Zoom Codes

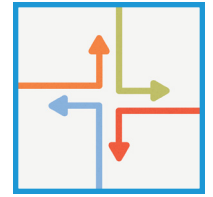
Zoom codes for ALL presentations:
Meeting ID: **823 0198 5273**
Passcode: **Grace**

All presentations will be at 8:00 PM ET, with the exception of Saturday, January 25, which will be at 10:30 AM ET.

Questions? lifeweek2025@lutheransforlife.org



Life Project: Poster Contest for Grades 4-8



This project is shared by LFL Lifelines Chapter #096 from Carver County, Minnesota. A special thank you to Cory Allen, Life Chapter president, and Stephanie Griep, Life Chapter member, who shared detailed information for this article.

If you want to encourage young people in your Lutheran churches and schools to share their Gospel-motivated voices For Life, consider the project the LFL Lifelines Chapter #096 has done for numerous years—a **poster contest for grades 4-8 held in January and February of each year.**

Cory Allen explains the motivation for this contest. “Children in grades 4-8 are asked to address life issues through the medium of a poster that is biblically based and agrees with the mission of LFL, which is to witness to the sanctity of life, through education, based on the Word of God.”

Every fall, a poster packet is sent to the ten schools affiliated with Lifelines’ member churches. In some years many participate and in other years only a few, but they feel blessed to have five schools regularly participate. There were 36 posters submitted for the 2023-2024 contest!

A specific communication timeline has been developed to fully promote their contest.

1. An email is sent at the beginning of August to the pastors, teachers, and principals of the affiliated churches and schools. It contains details of the contest and informs them that a Life Chapter representative will deliver a poster packet in September or October.
2. The Life Chapter representative who has been assigned to a specific school hand-delivers the poster packet in September or October.
3. A final email is sent in November and includes timeline information and key dates to be met.

A poster contest is a wonderful way to incorporate the young people in your churches and schools into your life ministry. Discuss details of how you would like to conduct your contest, determine which schools you will contact so you can budget for the prizes, line up your representatives, and choose your judges. (Lifelines has two Life Chapter members and an art teacher as their judges.) If you look at the posters these students have created, you will see that young hearts are surely being reached with the good news of the Gospel and the sanctity of life.

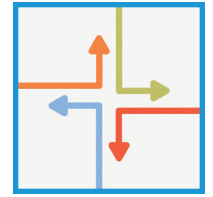
2024-2025 LFL Poster Contest Details

Eligibility & Poster Requirements:

- Open to all students in grades 4-8.
- Use only 12" x 18" construction paper. Any medium may be used.
- Poster should promote the value of life at any stage or age of life.
- Message should agree with LFL’s mission statement: “Equipping Lutherans and their neighbors to be Gospel-motivated voices For Life.”
- Label posters *on the back only* with school, grade, and student’s first and last name.



Scoring Sheet:



1. Attracts Attention – 30 Points

- Poster attracts attention in a favorable way
- Arouses interest
- Encourages viewers to read all the details
- Is eye catching

2. Conveys Message – 30 Points

- Quickly conveys the LFL life-affirming message
- Biblically based with scripture reference
- Simple to understand

3. Design – 20 Points

- Arrangement of elements creates a sense of unity and balance
- Design illustrates or symbolizes the message

4. Originality – 10 Points

- Evidence of creativity
- Independent thought

5. Workmanship – 10 Points

- Neat and well done

Resources Available: Students may utilize life-affirming school curricula, the Holy Bible, pastors, *LifeDate* (a free publication of LFL: lutheransforlife.org/resources/journal), and the LFL website.

Timeline and Key Dates for 2025:

- Students work on posters from January 1–February 28, 2025.
- LFL representatives pick up the posters at the school the week of March 3, 2025.
- Submit two posters from each grade. Poster judging takes place March 17–April 27, 2025. First-place and second-place prizes will be awarded to the two posters scoring the highest points in each grade.
- Schools will be notified of the winning entries and prizes will be awarded in mid-May.

Prizes Awarded as Follows:

4th | 5th | 6th Grades | \$20 – First Place | \$15 – Second Place
7th | 8th Grades | \$20 – First Place | \$15 – Second Place

See the winning artwork on the next two pages of *Directions* as featured in the Minnesota District LCMS *Lutheran Witness* insert (reprinted by permission).



Defending life through art

The purpose of the Lutherans For Life (LFL) Lifelines poster contest is to give students of all ages the opportunity to address life issues, based on the Word of God, through the medium of posters. Lifelines is an LFL chapter in the district.

The five participating Lutheran schools were Emanuel, Hamburg; First Lutheran, Glencoe; St. John, Norwood Young America; Trinity, Waconia; and Zion, Mayer.

A total of 36 posters were submitted from fourth through eighth graders. Each grade competed against their peers from the five schools.

Three independent judges were responsible for evaluating the posters. The posters with the highest points were given first and second place in each of the grades.

Winners in grades 4-6 were given \$15 for first place and \$10 for second place.

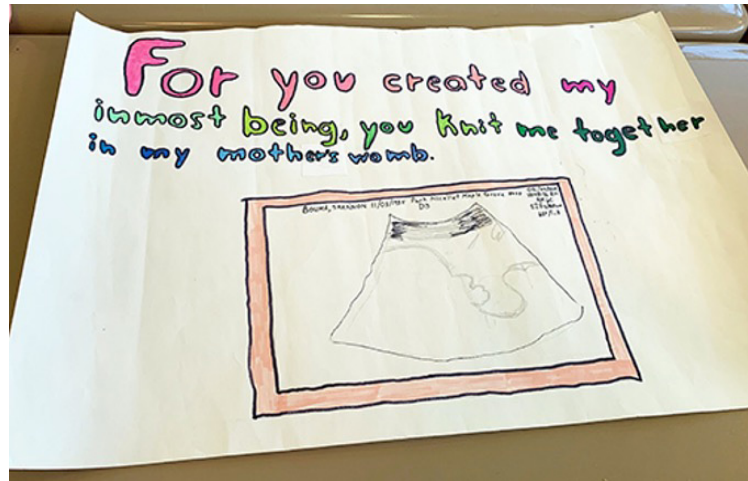
Winners in grades 7-8 were given \$20 for first place and \$15 for second place.

The judges were impressed with the maturity and depth of understanding portrayed in the posters from all the grade levels.

Grade 4



First place: Evelyn Bergman
Trinity Lutheran School, Waconia

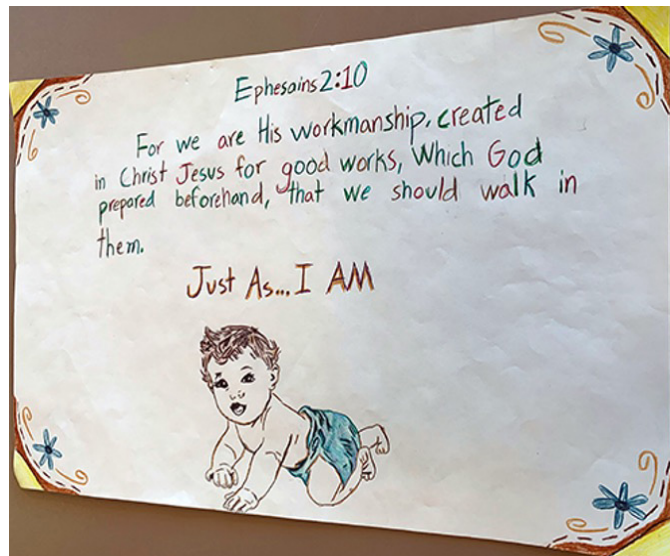


Second place: Autumn Bergman
Zion Lutheran School, Mayer

Grade 5



First place: C.J. Hart
Zion Lutheran School, Mayer



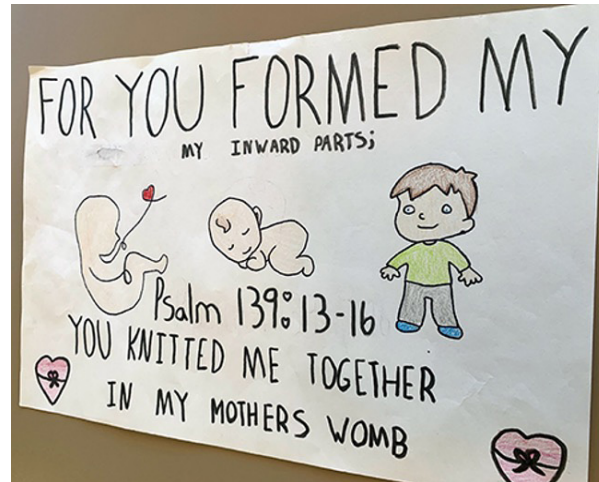
Second place: Reilly Wouters
Emanuel Lutheran School, Hamburg



Grade 6



First place: Elisa Louma
Zion Lutheran School, Mayer

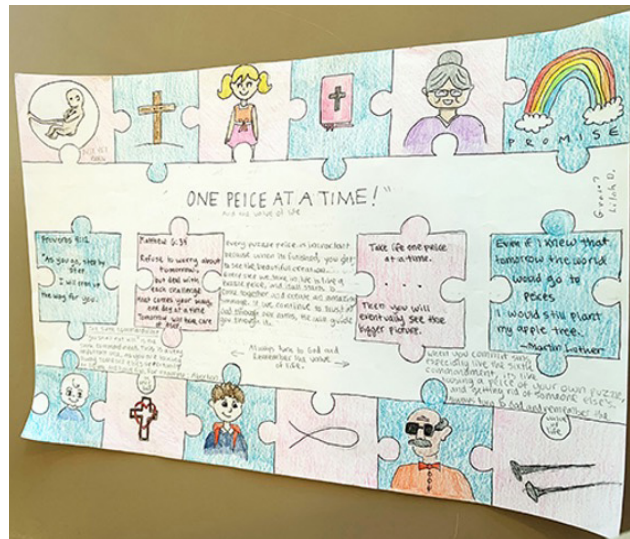


Second place: Ruby Graf,
First Lutheran School, Glencoe

Grade 7



First place: Sara Jacobs
Zion Lutheran School, Mayer

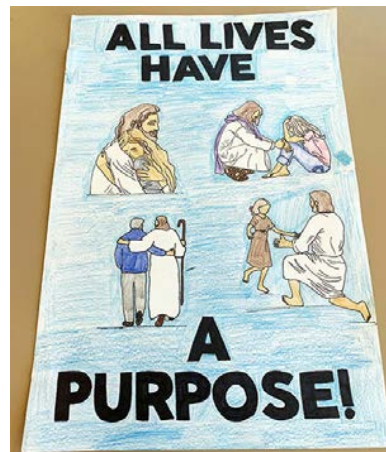


Second place: Lila Dehn
Trinity Lutheran School, Waconia

Grade 8



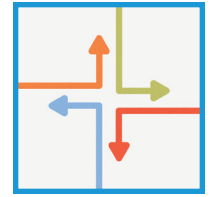
First place: Baden Niedzielski
Zion Lutheran School, Mayer



Second place: Erika Groche
First Lutheran School, Glencoe



Life Project: Going Gracefully and Faithfully Resource Folder



A special acknowledgement to Liz Cook, Life Team Leader, and Deb Steiner, Life Team Vice Leader, of the Hope Lutheran Life Team of Shawnee, Kansas, for their contributions.

“Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but has passed from death to life” (John 5:24).

Background: Hope Lutheran Life Team

Attending the LCMS Kansas District Life Conference and the March for Life on January 25, 2022, and hosting “The Sanctity of Human Life and the ‘Value Them Both’” Amendment event at Hope Lutheran on Saturday, April 23, 2022, inspired Hope Lutheran members to share God’s will For Life. Encouraged by the successful event, Liz Cook suggested to Deb Steiner that they should start an LFL Life Team at Hope to capitalize on the volunteer enthusiasm and support For Life.

More momentum followed on June 24, 2022, after the historic U.S. Supreme Court decision overturning *Roe v. Wade*, returning the abortion issue back to the states. In July of 2022, with the approval of their pastor, Liz Cook and Deb Steiner presented a proposal at church council, and the Life Team at Hope Lutheran was approved.



Praise the Lord for His faithfulness! Hope Lutheran’s Life Team started as a team of seven initial members and has grown to 11 members serving the church’s life ministry.

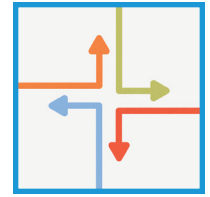
Life Team in Action – Life Sunday Celebration of 2023

LFL’s Word of Hope Director, Deaconess Chrissie Gillet, PsyD, was the featured church and school speaker highlighting Hope Lutheran’s Life Sunday celebration on Sunday, January 29, 2023. This was an extra special celebration, being the Life Team’s first Life Sunday celebration as a newly formed Life Team.

As part of the Life Sunday activities, Deaconess Chrissie Gillet delivered the children’s message at the morning worship services at 8:00 and 10:30 a.m. For the adult portion, the end-of-life presentation was broken into two sessions. Part 1 of her presentation was given during the Bible study hour between services, and Part 2 of her presentation followed the church’s potluck served after the 10:30 service. The presentation included a time for Q & A.



Additionally, the following Monday, Deaconess Chrissie Gillet and her service dog, Phoebe, visited with the Hope Lutheran School children about God creating life, people, and animals, and how animals can help us.

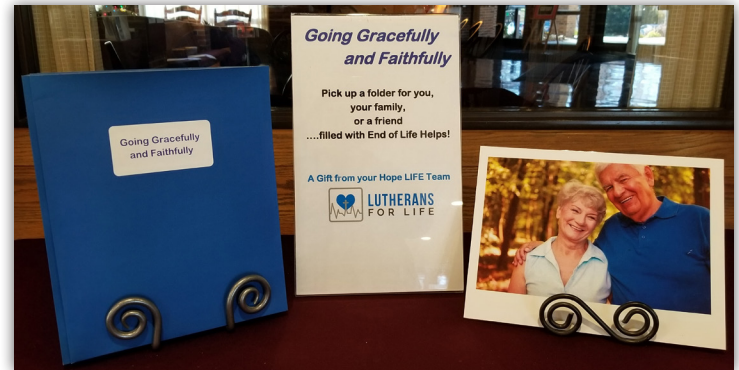


Deb Steiner reflected on the Life Sunday events:

“Since we already stood up for the life of mothers and babies, the Life Team wanted Life Sunday to highlight end-of-life issues on the opposite end of the spectrum so that our church and school did not think we were all about abortion. It was a wonderful morning and early afternoon of inspiration for end-of-life issues.”

Going Gracefully and Faithfully

As part of the end-of-life presentation, Deaconess Chrissie Gillet brought folders filled with an assortment of LFL end-of-life resources that were distributed to the attendees at the event. From this beginning, a new resource for church members was prepared: **Going Gracefully and Faithfully**. It is a folder containing brochures and resource documents that will help families plan end-of-life decisions. The Life Team has distributed more than 45 folders (25+ at the initial Life Sunday event).



Going Gracefully and Faithfully is promoted in the weekly announcements and monthly newsletter, and copies are available at a tabletop display in the narthex. The folder is also available on Grandparents' Day. Another option is to distribute the folder to homebound members.

The **Going Gracefully and Faithfully** folder contains 12 different printed resources gathered from LFL, the LCMS, resources from Hope Lutheran's pastor, and other additional sources. The folders are continually updated as new brochures are developed by LFL and other For Life organizations.

LFL Resources to Enhance the Folder

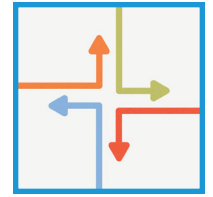
- A Christian Guide to End-of-Life Decisions (\$0.50 ea.)
- The Basics on Advance Directives (\$0.75 ea.)
- Going Gracefully (\$0.50 ea.)
- Hospice ... What Should I Ask? (\$0.25 ea.)
- Physician-Assisted Suicide (\$2.00 ea.)
- The Right to Die – Rhetoric Reality Response (\$0.50 ea.)
- Ventilators, Feeding Tubes, and other End-of-Life Questions (\$0.75 ea.)
- Word of Hope informational brochure(free)
- **New Resource** – Before I Die: A Practical Guide for End-of-Life Issues (\$3.00 ea.)
- **New Resource** – Ministering to the Victims of Alzheimer's Disease and Their Families (\$0.50 ea.)
- **New Resource** – 10 Reasons Not to Take Your Own Life (\$2.00 ea.)

The LFL resources are available at Concordia Publishing House (cph.org). You may also call CPH at 800.325.3040.



Other Resources Included in the Folder

These items are printable and available from the Hope Life Team. Contact Deb Steiner (steiner@hopelutheran.org) for information.



- The Christian Views of Death with Dignity – A Bible Study
- Funeral Planning Guide
- Human Worth, Living, Dying, Suffering, and Surviving Article
- Life Interview Questions – Childhood (www.legacyproject.org)

These items are available from LCMS and CPH:

- Christian Decision-Making and the End of Life – download at LCMS (lcms.org)
- Mercy at Life’s End (\$2.00 ea.) – available at Concordia Publishing House (cph.org)

These resources are available on LFL’s website:

- Information Form for Service Celebrating Your Eternal Rest with Jesus
- Durable Power of Attorney for Health Care – Christian Version (state specific)

LFL’s friends at Christian Life Resources have developed a Durable Power of Attorney for Health Care – Christian Version document to enable Christians to provide informed, legal, and Christ-centered direction for their medical care in the event they can no longer express their wishes. This is a legal document that allows you to designate a person to serve as your health care agent, allows you to make some selections regarding the kind of treatment or care you want provided, and includes a Christian witness to your faith and to the sanctity of human life. There is also a supplement that gives a complete explanation for all points in the legal document.

A Huge Thank You to the Hope Lutheran Life Team!

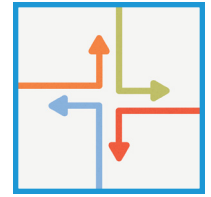
The 2024 LFL Midwest Regional Conference was hosted by Hope Lutheran Church and the Hope Lutheran Life Team on Saturday, October 12. The conference theme was **Life Shines in Darkness** based on John 1:4-5, “**In Him was life and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it.**”

The conference attendees were blessed with a pre-event **Life Shines in Darkness** Life Concert on Friday night. A special thank you to Bob and Gretchen Holman of the Hope Lutheran Life Team for developing this uplifting and meaningful evening of Scripture and music.

At the conference, guests heard from Rev. Evan McClanahan on “Biblical Manhood.” As a complement to his presentation, Deaconess Rose Adle of Concordia Theological Seminary Fort Wayne presented on “Christian Womanhood.” Virginia Flo, LFL’s Director of Volunteer Relations, facilitated a panel with Hope Life Team members, Liz Cook and Deb Steiner, and others who shared their inspiring For Life work. And wrapping up the conference, Rev. Dr. James Lamb, formerly of LFL and Lutheran Family Service, shed light on Christian citizenship.

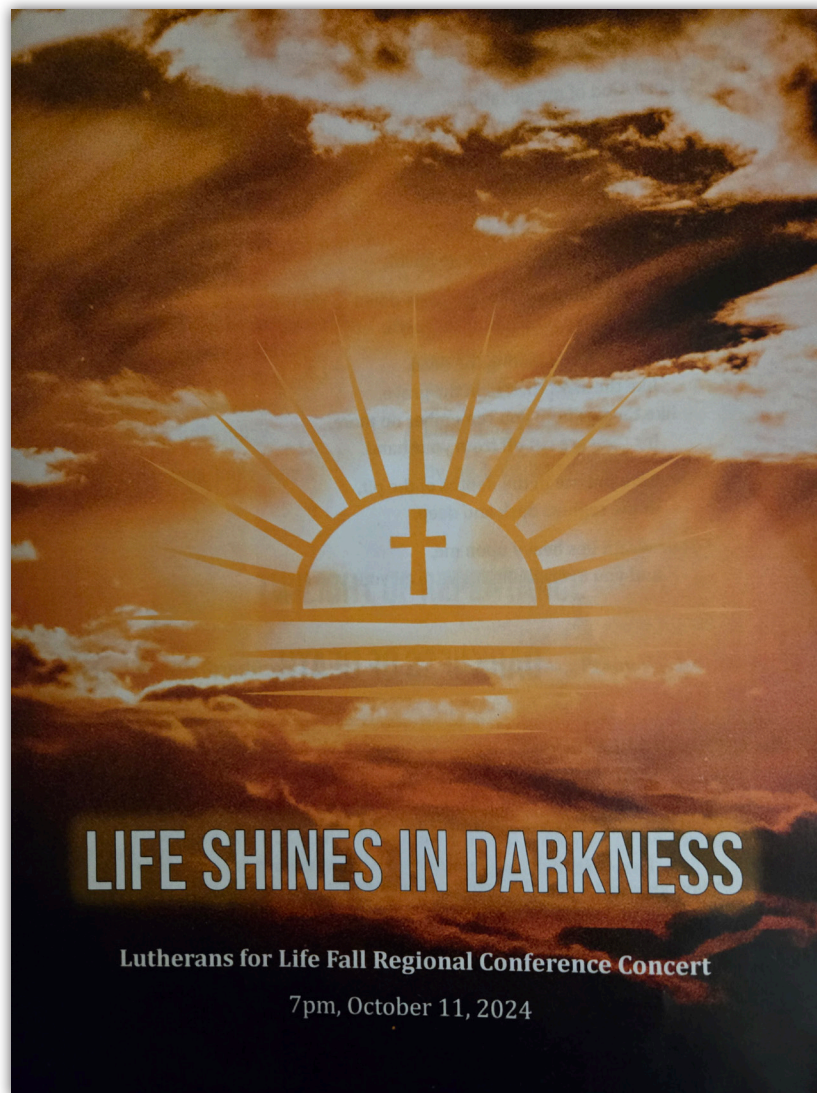


As part of the conference, attendees participated in a servant event. Guests wrapped baby wipes for Wyandotte and Olathe Pregnancy Clinics to create a practical gift for mothers and to show thoughtfulness and consideration for their needs. Attendees also prepped materials for Hope’s Outreach Trunk or Treat event by stuffing baby socks with a 12-week fetal model purchased from Heritage House ‘76 (www.pro.life). At the Trunk or Treat event, each child was able to pick up his or her own “baby in a sock” that came with a life certificate to name the baby and their choice of candy. Almost 300 “babies in a sock” were given out at the event on October 25.

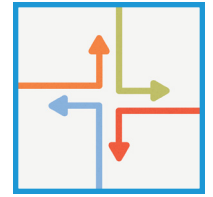


Encouraging words from Life Team Leader, Liz Cook:

“Hosting the LFL Regional Conference – Midwest was a great experience for our team. I was so proud of our Life Team as they checked in attendees, offered directions, served food and coffee, and cleaned up. It was nice to meet and talk to other LFL members from all over the Midwest as well as the vendors. You definitely can see how God is working in the LFL community.”



How to Tell the Truth



“Speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ” (Ephesians 4:15).

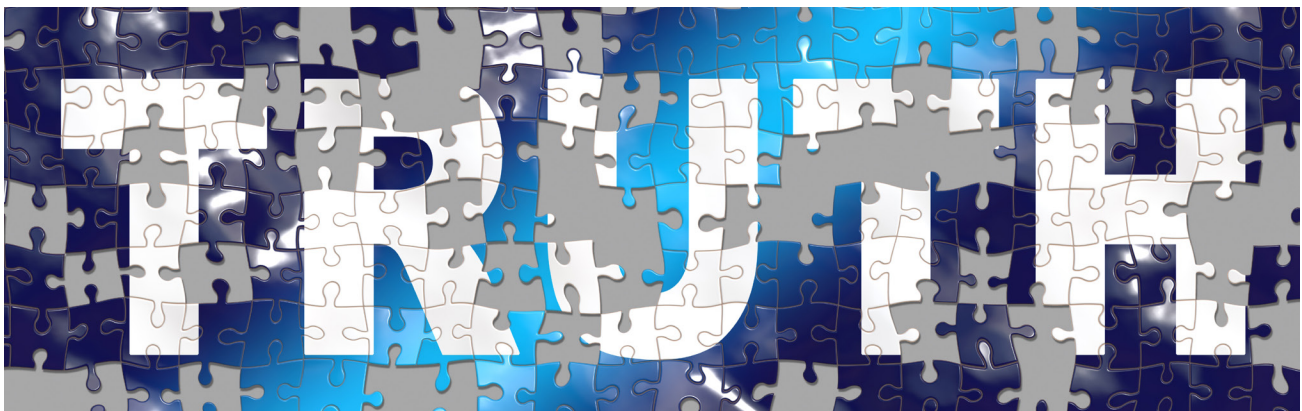
Always tell the truth. Not only believers, but people in general would agree it’s an important principle to live by. Being honest and forthright builds trust in relationships and prevents misunderstandings. **“The LORD detests lying lips, but he delights in men who are truthful”** (Proverbs 12:22).

But there is more to godly truthfulness than simply saying what is true. Truth can be weaponized in order to harm rather than help someone. It happens all the time on social media. Something embarrassing or shameful is posted about someone for all to see. When the propriety of the post is questioned, the justification is “It’s the truth!” Have you felt a secret satisfaction in hurting someone with the truth about some wrong they have done? Have you told the truth with the purpose of sparking a confrontation rather than to help the person?

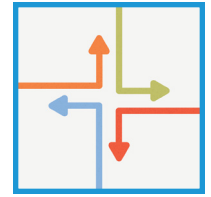
In our everyday lives, the Lord does not merely say we are to speak the truth, He instructs us how to speak it. **“Speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ”** (Ephesians 4:15). As the spiritual Body of Christ, we are to speak the truth as He did. Jesus didn’t hesitate to point out to a Samaritan woman the truth about her sin. Yet He didn’t do it to put her down in the eyes of others. He didn’t do it to see her suffer embarrassment. He spoke in love. He wanted to lead her to repentance and faith in Him as the Savior from sin. When He reprimanded the disciples for their lack of faith, He did it in love. He wanted them to know the truth about themselves and the truth about His love and purposes for them.

Pray today for the grace to not just speak the truth, but to speak it in love for Jesus and in love for those with whom we speak. We need to tell the truth about sin, but let’s do it in love according to Jesus’ instruction: **“If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over”** (Matthew 18:15). **“Love covers over a multitude of sins”** (1 Peter 4:8). We need to take a stand on the truth of the Word and point out false teaching. But let’s do it from a heart of love which does not want to make enemies but rather delights in someone coming to the knowledge of the truth that we may praise the Savior together in unity of faith. May all we say and do today be done in truth and love!

(Source: www.redeemerclc.info/ministries)



Volunteer Relations Year in Review



We just completed another year of serving the Lord through the Frontlines as we attended to the work of Volunteer Relations. And what a year it's been. I guess the saying "time flies when you're having fun" applies to the work we took on in 2024. We found ourselves in many locations across the country as far east as Bristol, Connecticut, to the south in Winter Garden, Florida, to as far north as Blackduck, Minnesota. We also covered a swath of the center of the country including Iowa, Illinois, Kansas, Minnesota, Nebraska, and Wisconsin. At one time, in just a three-month period, we participated—either exhibiting or speaking—at nine different events. One would think we would be taking a nap about that time, but as the energy built and the joy of doing our ministry expanded, the Lord gave us the strength to keep moving on. We're kind of like the Energizer bunny, as the mission is clear and the path is open.



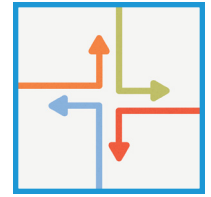
There were also some monumental projects we were able to complete that have now forged the way for future endeavors that will support your Frontline ministries in new and exciting ways. Probably the most significant was converting all the **Life Team Training** to be an online format. This was a project that took many months, but we can now say it is totally operational. It has helped to generate new Life Teams, some of which are in training right now. At one time this past fall, we had as many as ten new Life Teams taking the training, moving closer to completion and certification. We even now have one Life Chapter taking the course in anticipation of it helping them in their ministry to their churches and communities. It is our hope that in 2025, we will begin the process of developing official training for both Life Chapters and Life Advocates, making entry into these two different ways to serve in your local churches and communities easy and quickly active. Stay tuned for more information. This endeavor will require a significant amount of time, effort, and some crucial funding.

The **Frontline Playbook Series** of programs allows anyone to run a life event by yourself. Use it at a Bible study, meeting, or to provide training and motivation for those you serve in creative ways either live or online with these materials. There are videos, devotions, fact sheets, and activity sheets to use on various life topics. The first in the series is called *Belonging*. You can find detailed information on the Frontline Playbook webpage located on the Frontline tab of our LFL website or at lutheransforlife.org/frontlineplaybook. Contact our Volunteer Relations Team if you have questions. We can also be found on the Frontline tab of our LFL website or at lutheransforlife.org/volunteer-relations. We plan to release a second series of the Frontline Playbook called *Hopeful*. Watch for it in mid-2025. We are extremely thankful to the Iowa East LWML for providing a grant which enabled the development of the Frontline Playbook.

Throughout the year, it has been our mission to provide helpful information to the Frontlines in the form of **Life Projects** that have been published in **Directions** and posted on our website and are available from our Frontlines tab. Along with publishing helpful life projects, we have diligently included in each of our Quarterly **Frontline Zoom Calls** an invited guest from one of our Life Chapters, Life Teams, or a



Life Advocate to share a successful project they conducted. We also have been inviting someone from our LFL staff to share information about an important initiative being developed or already available to the Frontlines. Please consider joining us for these Zoom calls; they are available to everyone. They take place the first month of each quarter (January, April, July, and October) on the second Monday evening at 8:00 p.m. ET/7:00 p.m. CT. Please mark your calendar, as we know you will find the hour extremely informative and encouraging. Find the link to the call on the Frontline tab of the LFL website.



It is our task to work with the Frontlines to secure information about any activity, issues, or celebration of life ministry through the **Annual Activity Reports (AAR)** we distribute either online or through the mail. We do this for several reasons. First and foremost, we want to know how you are doing so we can provide help if you need it. Far too often people can find themselves struggling with issues that could potentially shut down their Frontline life ministry if not addressed in time. We know people can find themselves short staff or are aging out and want to engage younger people to maintain their group or just need some new ideas to inject new life in their service work. We read every AAR and will reach out if you share such a need. We also want to share the wonderful projects you have developed and used with a great reception at the churches and communities you serve. When you share those with us, we rejoice and will use as many as we can to assist others looking for just what you have provided. So please do complete those AARs when you are notified they are ready. We will be distributing the 2024 AAR in the early months of 2025. Watch for them. The information you provide is vital to both you and LFL.

There are many of other things we are engaged in throughout the year, such as the **Essay Contest**, **Step Up 4 Life**, **Life Week**, and **Spotlight on Life**, to name a few. Volunteer Relations is the conduit to keeping you informed and active. Use us as you need help. We love talking to the workers in the Frontline. Thank you for the work you do in your churches and communities. People are blessed because of your servanthood, as is Lutherans For Life. Please pray for us as we look to the Lord as our guide and author. Praise be to God!

Our Volunteer Relations Team



Virginia J. Flo
Director of Volunteer
Relations



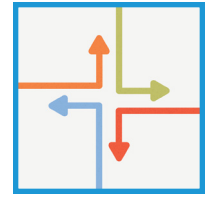
Michele Hartshorn
Assistant Director of
Volunteer Relations



Barbara Lane Geistfeld, DVM
Volunteer Relations Associate

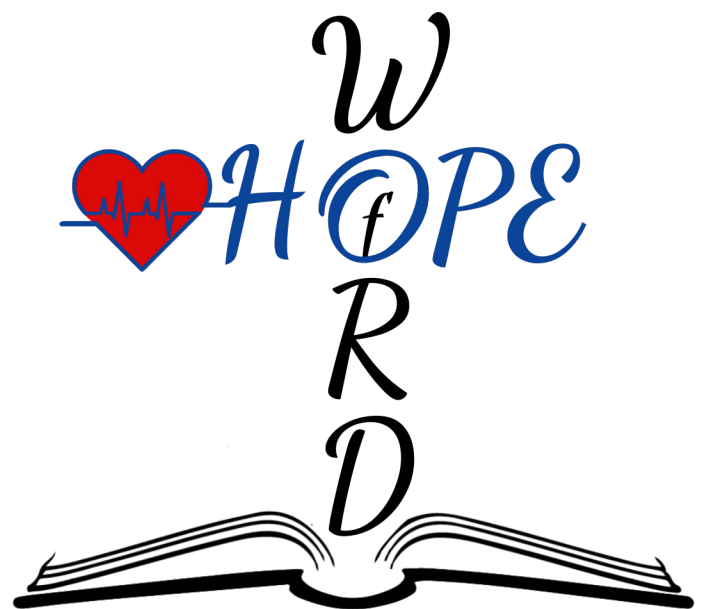


Word of Hope: Looking Back at 2024



2024 was a year of blessings and wonderful changes for Word of Hope, beginning with Deaconess Janet Nicol switching to full-time status to address the increased hotline contacts and expand Word of Hope services. Our vision is to bring healing found in Christ to men, women, and youth who are shamed, overwhelmed, or broken-hearted by life issues. One of the key ways we do that is through our hotline. This year the hotline received over 350 contacts a month, and the top five life issues were anxiety, depression, mental and emotional abuse, excessive guilt or shame, and other Christ-like attitudes and perspectives. Most of the hotline contacts consisted of 43 people who received direct spiritual care individually or in a group format. In addition to common life issues like abortion and suicidal thoughts, Word of Hope also intervened in a school threat with a timely risk assessment that resulted in a middle school student receiving a higher level of care to treat mental health concerns and avoid harm to others.

As a part of Lutherans For Life, Word of Hope equips others to be Gospel-motivated voices For Life. This was accomplished through presentations and production of materials. This year, our travels stretched from Wisconsin to Ohio and down to Texas. During these presentations, we increased awareness about Word of Hope, taught college students the value of lamenting to the Lord, and alerted school leaders about the importance of risk assessment and safety planning to address bullying and school violence. We also authored the blog “Lament for the Church,” two articles in *Directions*, one in the January-February edition called “Word of Hope: A Look at Marketing,” and another in the May-June edition called “A Choice for Life,” and finally the Bible Study “The Weakest of These.” We also released a podcast episode, “The Challenges of Singleness,” and a weekly Hope Day Wednesday Scripture reading with prayer videos on social media.

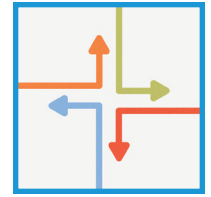


Word of Hope had the opportunity to partner with organizations and individuals. In February, thanks to the support of LFL constituents, Word of Hope threw a surprise baby shower for a single mother who chose life for her child during a surprise pregnancy. We worked with three Lutheran Family Service of Iowa staff members to complete 17 hours of training on the six sessions of Redeeming Grace, our abortion recovery program. Another collaborative relationship was formed with Concordia University Chicago, which is working with us on the HOPE suicide awareness, intervention, and postvention (HOPE: S-AIP) online training program. College students will produce and act in videos needed for the online course. Author Sarah Baughman graciously accepted the invitation to be our screenwriter for the videos. Lastly, Word of Hope received \$20,000 in grants from the Bolick Foundation and the Iowa East District LWML for the development of the HOPE: S-AIP program as we make the program a reality in 2025.

In August, Word of Hope began a new online eight-week Mindfulness course. Unlike the worldly perspective of mindfulness, this course is about being actively present with the Lord to make wise



decisions based on Christ-centered values that improve self-control in areas of emotion regulation, thinking patterns, interpersonal interactions, and distress tolerance. So far, 20 youth and 12 adults have benefited from the Mindfulness classes, and participants are already registering for next year. Courses will be offered quarterly (January, April, June, and September) on Tuesday evenings and Sunday afternoons. Email info@word-of-hope.org to sign up now.



The excitement of growth and blessings for Word of Hope continues into 2025. We will continue to offer mindfulness courses as noted but will be changing over to a new online classroom format. We are developing a program called HOPE: S-AIP, an online training that covers suicide awareness, intervention, and postvention. Two courses will be offered; one focuses on suicide and non-suicidal self-harm among youth, and the other emphasizes aid for adults with thoughts about suicide and physician-assisted suicide. Finally, we are also developing an in-person retreat for our abortion recovery program, Redeeming Grace, to occur in October or early November.

Thank you for your support, and God's blessings on your 2025!



Deaconess Chrissie Gillet, PsyD – Word of Hope Director (with Phoebe)
Deaconess Janet Nicol – Word of Hope Phone Counselor
Lorelei Humphrey – Word of Hope Assistant

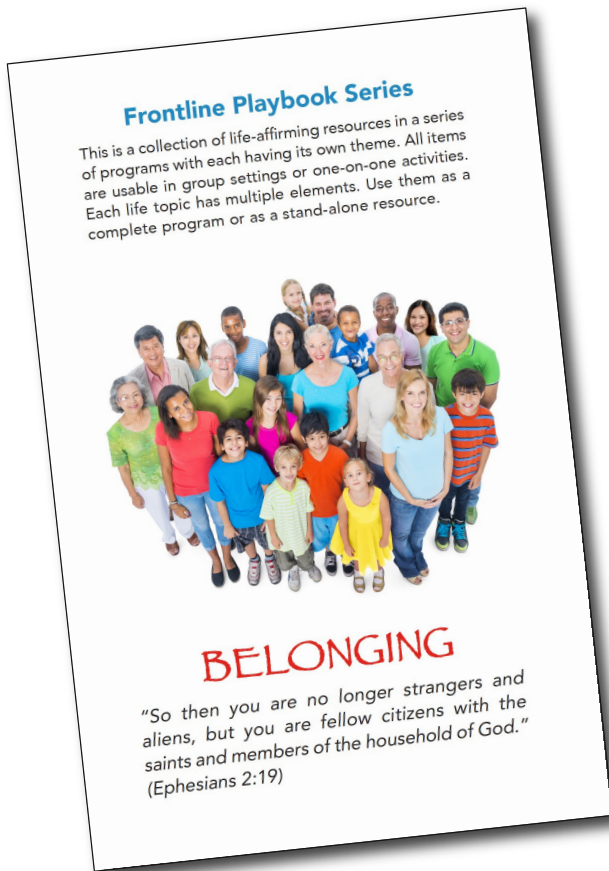


The Lutherans For Life Council of Federation Presidents sponsors an essay contest each year for students in two grade categories: 6-8 and 9-12. This contest is available for students in all states who attend a Lutheran school or a Lutheran church.

We look forward to students across the nation participating in our contest and letting their voices be heard through their life-affirming essays!

For information about the 2025 Lutherans For Life Essay Contest, go to:

lutheransforlife.org/2025-lutherans-for-life-essay-contest



CONDUCT YOUR OWN LIFE EVENT

The Frontline Playbook gives you guidance, ideas, and resources!

- Recorded Speeches
- Topical Devotions
- Life Topic Facts
- Supportive Activities

Follow the link and click on **FRONTLINE PLAYBOOK RESOURCES – Belonging**
lutheransforlife.org/frontlineplaybook/

It's FREE and available NOW!

Life Topics in Belonging



Rev. Michael Salemink
"Blessed as a Gift"



Michelle Bauman
"God Chose You to Belong"



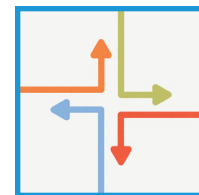
Mona Fuerstenau & Rev. Scott Licht
"Those with Disabilities Are Indispensable"



Rev. Steven & Stephanie Cholak
"Blessed in Longing"



LAMBs – Mercy Blankets



Although our world might tell us otherwise, children are truly a blessing. Lutherans For Life would like to celebrate children—especially those families with a lot of them! Through the skillfulness of some LFLers in Ohio and elsewhere, along with the Miami Valley Life Chapter, a project called “LAMBs” (**Lutherans Assembling Mercy Blankets**) was established.

We would like to celebrate families that are awaiting the birth of their fourth or more child by gifting them with a homemade blanket. Do you know such a family in your Lutheran church? If so, please contact Virginia Flo, our Director of Volunteer Relations, at vflo@lutheransforlife.org so that she can arrange for this gift to be sent to them. (Alternatively, you can fill out the form below and send it to Belén Fry of the Miami Valley Life Chapter.)

Thank you for helping us care for your neighbor in this way!

“Behold, children are a heritage from the Lord, the fruit of the womb a reward” (Psalm 127:3).

LAMBs – Lutherans Assembling Mercy Blankets

Do you know a family in your congregation who is having its fourth or more child? Wouldn't it be nice to give them a homemade blanket in celebration of this new life? Simply fill out this form and the Miami Valley Lutherans For Life Chapter, and other Lutherans from the state of Ohio, will ensure that a blanket made with love will be sent directly to the expectant mother anywhere within the continental United States as well as Alaska, Hawaii, and Puerto Rico. There are no strings attached. As the Body of Christ, we want to use this as an opportunity to share the mercy that our Savior Jesus Christ first showed us on the cross.

Your Name/Address: _____

City, State, Zip: _____

Your Congregation: _____

City, State, Zip: _____

Mother's & Father's Names: _____

Baby's Gender: Boy ___ Girl ___

Mother's Address: _____

City, State, Zip: _____

Please send completed forms to: Belén Fry
Miami Valley Life Chapter
1505 Tipperary Court
Middletown, OH 45042-3038



“He will tend his flock like a shepherd; he will gather the lambs in his arms” (Isaiah 40:11a).



Join Us in 2025!

**Lutherans For Life National Conference
September 24-26, 2025**

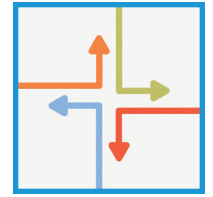
**Great Wolf Lodge
Colorado Springs, Colorado**



**LUTHERANS
FOR LIFE**



Owen's Mission



**"A PERSON'S
A PERSON,
NO MATTER
HOW SMALL"
-DR. SEUSS**

Horton the elephant was right! The Bible agrees! In fact, the Bible says more: A person's a person created by God (Psalm 139:13-14), a person redeemed by Jesus (Galatians 3:13), and a person the Holy Spirit wants to call to be His child (1 Timothy 2:4), *no matter how small!*

Owen's Mission is a very special project of Lutherans For Life. The goal of this project is to honor Jesus by presenting a set of *Touch of Life* fetal models to every Lutheran elementary and high school in the country. We want students to understand the God-given value of each life from the moment of conception. We want students to be motivated by what God has done as our Creator, Redeemer, and Sanctifier that gives value to life. We want students to value themselves and to value others as persons because of this God-given value.



Where did Owen's Mission come from? From a very small and special baby named Owen. Rev. Dr. James I. Lamb, former executive director of Lutherans For Life, shares his story:

"I held my little grandson Owen in the palm of my hand. He died at 21 weeks during prenatal surgery to remove a large tumor. The nurse brought him to our son as we waited in the recovery room for Owen's mother. I find it difficult to describe what I felt when I was able to hold him. I had held the 20-week *Touch of Life* fetal model in my hands hundreds of times in front of students from preschoolers to seminarians. Holding Owen revived in me the reality behind those models. I will never hold them in the same way again."



As Owen's grandpa, Dr. Lamb wanted to do something special to remember Owen, honor Jesus, and help others understand the value God gives to even the smallest of lives. With the help of Owen's family, *Owen's Mission* was born. We are training facilitators to present these fetal model sets along with a DVD message from Dr. Lamb.

You can support Owen's Mission by encouraging your Lutheran elementary or high school to have an Owen's Mission presentation! Call 888.364.LIFE (5433) or email info@lutheransforlife.org.

lutheransforlife.org/owens-mission



Life Advocates Life Teams Life Chapters State Federations

VOLUNTEER RELATIONS is a Lutherans For Life team dedicated to serving the Frontlines, including Life Advocates, Life Teams, Life Chapters, State Federations, pastors, and congregations. They assist them in starting and maintaining a strong, healthy, and vibrant life ministry within their congregations and communities.

Our team is here to share ideas, to mentor, and to walk alongside you as a life ministry consultant and partner.

Virginia J. Flo

Director of Volunteer Relations
651.333.0337
vflo@lutheransforlife.org

Michele Hartshorn

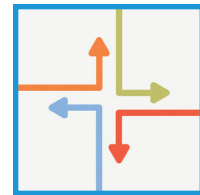
Assistant Director of Volunteer Relations
612.816.6194
mhartshorn@lutheransforlife.org

Barbara Lane Geistfeld, DVM

Volunteer Relations Associate
830.935.3415 (H) | 830.388.8640 (C)
bgeistfeld@lutheransforlife.org



Lutherans For Life Online



- Check out word-of-hope.org and y4life.org.
- Be sure to “Like” and follow LFL on social media! See links below:

www.facebook.com/LutheransForLife

www.facebook.com/groups/lflfrontlines

www.facebook.com/WordOfHopeHealingHearts

twitter.com/ForLifers • [instagram.com/lfly4life](https://www.instagram.com/lfly4life) • www.tiktok.com/@lfly4life

www.youtube.com/user/LutheransForLife



- Join our Frontline Facebook group for Life Chapters, Life Teams, and Life Advocates: [facebook.com/groups/lflfrontlines](https://www.facebook.com/groups/lflfrontlines). The group includes an idea exchange and is a place to connect with other Frontline volunteers.

facebook

- LifeDate is a great way to share the For Life message with your congregation. Order LifeDate in bulk quantities at no charge. (Donations for shipping cost will gladly be accepted.) Call 888.364.LIFE (5433) to order. (lutheransforlife.org/resources/journal)

LIFEDATE

- Life News is available each month to download and print. Life News is a free monthly bulletin insert with life-issue news and more. Go to lutheransforlife.org/media/life-news.

LIFE NEWS



LUTHERANS FOR LIFE

Available in App Stores







INTERESTED IN STARTING A LIFE TEAM AT YOUR CHURCH?

It just got easier, making it possible for you to be a trusted, certified Life Team Leader or Life Team Member!

Here are the simple steps:

- Talk with your pastor about starting a Life Team at your church.
- Contact Volunteer Relations about next steps.
- Use the link provided to Volunteers Academy to register for the Life Team Leader Training for only \$25!
- Engage other members at your church to be Life Team Members.
- Life Team Member Training is FREE!

<p>Tool 1 – Why and How to Start a Life Team</p> <p>This course will give you an overview of the Life Team training process.</p> <p>free <input type="button" value="Enroll"/></p>  <p>LIFE TEAM Introduction and Roadmap</p>	<p>Tool 2 – Life Team Leader Training</p> <p>This course will equip you to guide your Life Team in being Gospel-motivated voices For Life.</p> <p>\$25 <input type="button" value="Enroll"/></p>  <p>LIFE TEAM Leader Training</p>	<p>Tool 3 – Life Team Member Training</p> <p>This course will equip you to participate with your Life Team in being Gospel-motivated voices For Life.</p> <p>free <input type="button" value="Enroll"/></p>  <p>LIFE TEAM Member Training</p>	<p>Tool 4 – Resources</p> <p>Tool 4 contains resources that supplement Tool 2 & Tool 3.</p> <p>free <input type="button" value="Enroll"/></p>  <p>LIFE TEAM Resources</p>
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Register at:

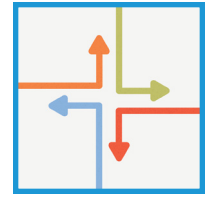
volunteersacademy.lutheransforlife.org

Questions? Contact Volunteer Relations:

lutheransforlife.org/volunteer-relations/



The Basics of Lutherans For Life



Our Mission: Equipping Lutherans and their neighbors to be Gospel-motivated voices For Life

Our Vision: Every Lutheran congregation upholding the God-given value of human life and influencing society to do the same

Structure and Relationships

A local Life Chapter is a local organization that has been chartered by National Lutherans For Life. The Life Chapter is formally associated with and subject to, but not a part of, the corporation known as Lutherans For Life, Inc.

A Life Team is a group of dedicated church members forming a For Life group within one congregation to serve under the auspices of the local congregation.

A Life Advocate is an individual working to support the church's pastor in keeping the flow of educational information in front of the congregation on a regular basis. *Life Teams and Life Advocates do not qualify for the remittance program.*

A State Federation is an organization that has been chartered by Lutherans For Life, Inc., in a state where there are at least five chartered Life Chapters. In a state where a State Federation exists, the Life Chapters also become affiliated with the State Federation. This occurs automatically at the same time a Life Chapter becomes chartered by Lutherans For Life, Inc. These relationships are basically the same whether or not the Life Chapter is incorporated. Thus, Lutherans For Life consists of a network of individual entities formally associated with each other.

Membership Information

All officers of State Federations and Life Chapters and Life Advocates must be members in good standing of Lutheran congregations and members of National Lutherans For Life. Membership contributions are divided among the national organization, State Federation, and local Life Chapter if it is chartered.

Life Chapters that wish to include a membership form in newsletters or correspondence are asked to maintain the form and information provided by the national office. The local Life Chapter may not establish its own membership program since LFL has a "unified membership" program. When sending a membership form to the national office, make sure the Life Chapter name and number, if chartered, is written on the form in the space provided. This will ensure that the State Federation and local Life Chapter receive the proper remittance payment.

Membership Classifications

Annual Membership

- Annual members join by making a membership donation accompanied by a completed copy of the membership form (or by joining online).

Sponsor Membership

- Sponsor members pledge to contribute a certain amount each month and to pray regularly for Lutherans For Life.
- Sponsor members receive a monthly letter from the executive director.
- Sponsor members are asked to renew their monthly pledge each year as part of the annual membership drive.

The Remittance Program of LFL

All MEMBERSHIP donations are shared with the chartered State Federation and/or local Life Chapter to which the particular members may belong. The membership donations are divided as follows:

Annual Memberships:

- 20% goes to the local Life Chapter (If there is no local Life Chapter, this 20% goes to the State Federation.)
- 20% goes to the State Federation
- 60% remains at national

Sponsor Memberships:

- 1/12 goes to the local Life Chapter (If there is no local Life Chapter, this 1/12 goes to the State Federation.)
- 1/12 goes to the State Federation
- 10/12 remains at national



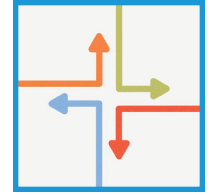
National Lutherans For Life Staff

Rev. Michael W. Salemink – Executive Director
Rev. Scott Licht – CFO/COO
Lowell J. Highby – Director of Communications
Michelle Bauman – Director of Y4Life
Cori Meier – Y4Life Assistant
Diana Ladislas – Y4Life Media Resource Assistant
Virginia Flo – Director of Volunteer Relations
Michele Hartshorn – Assistant Director of Volunteer Relations
Dr. Barb Geistfeld – Volunteer Relations Associate
Dave Probst – Director of Development
Kevin Nessa – Development Assistant
Jerylyn Richard – Donor Relations Director
Jan Nessa – Administrative Assistant
Deaconess Chrissie Gillet, PsyD – Director of Word of Hope
Deaconess Janet Nicol – Phone Counselor
Lorelei Humphrey – Word of Hope Assistant
Erika Peterson – Events Coordinator
Katie Friedrich – Gift Entry Specialist
Julie Kyrola – Data Assistant

National LFL Board of Directors

Diane Albers, President – St. Louis, Missouri
Rev. Byrene K. Haney, Vice President – Fort Dodge, Iowa
Dr. Roni Grad, Secretary – Tucson, Arizona
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Katherine Pietrantonio – Thiensville, Wisconsin
John Talley – Newark, Illinois
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State Federation Presidents

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Daniel Lindemeier, Iowa – Ames
Rev. Michael Brockman, Kansas – Oakley
Rev. Paul Clark, Michigan – Fowler
Mike Albers, Missouri – St. Louis
Berniece Stulc, Montana – Belgrade
Bob Saeger, Nebraska – Waco
Rev. Dennis Norby, North Dakota – Valley City
Jill Johnsen, South Dakota – Wessington

Lutherans For Life

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Nevada, IA 50201-1816

info@lutheransforlife.org

lutheransforlife.org

888.364.LIFE (5433) or 515.382.2077

LFL Business Hours:

Monday-Friday, 9:00 a.m. to 3:00 p.m. CT.

Hours subject to staff availability.

Since 1973: 65,464,760 abortions in America

Source: www.lifenews.com/2024/01/17/65464760-babies-have-been-killed-in-abortion-since-roe-v-wade-in-1973

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Become a Gospel-motivated Voice For Life

At the heart of **Lutherans For Life** is the Good News that brings hope to a culture so focused on death:

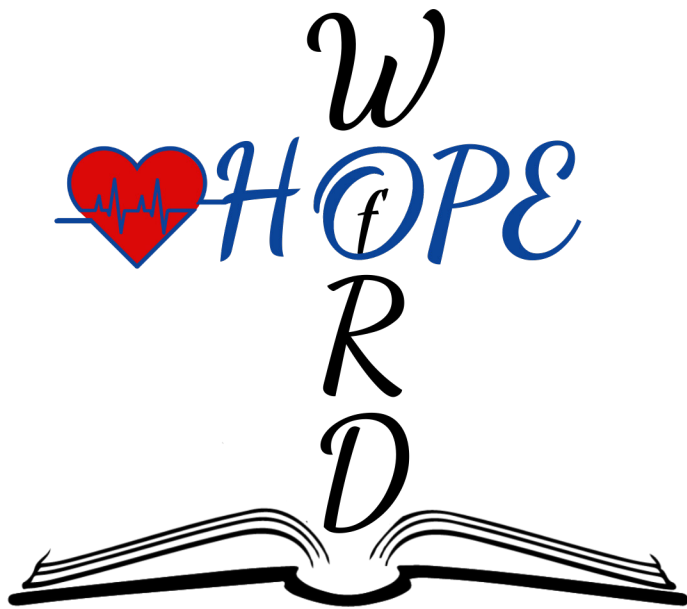
Lutherans For Life has, since 1979, upheld the value of life affirmed by the resurrected Christ. We educate congregations on life issues with a Gospel perspective, equipping Lutherans and their neighbors to be Gospel-motivated voices For Life.

Find out more and become a member today!

lutheransforlife.org



LUTHERANS
FOR LIFE



For those who have had an abortion—
there is a **Word of Hope** for
broken hearts.

Call 888.217.8679 or go to
www.word-of-hope.org.

Word of Hope is confidential and
caring.

Word of Hope is a ministry of
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I'm **4Life** ... Now what?



Become a **Y4Life** Messenger • y4life.org

Helping You Connect God's Word to Life Issues!

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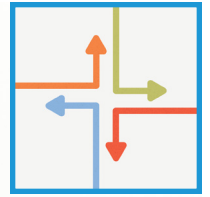
*Equipping Lutherans and their neighbors
to be Gospel-motivated voices For **Life!***



LUTHERANS
FOR LIFE



LUTHERANS
FOR LIFE



Check out the Store page on the Lutherans For Life website for the latest new resources:

lutheransforlife.org/resources/store

- How Luther Nailed It on Life Issues
- Before I Die – A Practical Guide to End-of-Life Issues
- Lil' Lutherans Advent Series
- Abortion Pill Reversal – Saving a Pregnancy
- When She Says, "I'm Pregnant"
- 10 Reasons Not to Take Your Own Life (fold-out brochure)
- Biblical Manhood – What Difference Does It Make?
- Lil' Lutherans 4 Life – I Can Come to Jesus series
- Lil' Lutherans 4 Life – Let's Talk About series
- Lil' Lutherans 4 Life Morning/ Night Prayers

