

THOSE WITH DISABILITIES ARE INDISPENSABLE ACTIVITIES

- ✓ Celebration
- ✓ Education
- ✓ Service
- ✓ Worship

Celebration

- ✓ Plan an outing for someone with a disability.
- ✓ Celebrate the birthday of those with disabilities.
- ✓ Spend time getting to know someone who has a disability.
- ✓ Send cards and gifts (quilts, fruit baskets, etc.) during holidays. Ask those with disabilities to participate.

Service

- ✓ Volunteer to tutor someone with a disability.
- ✓ Volunteer to aid a disabled classmate or church member.
- ✓ Offer to babysit for a family who has a child with disabilities.
- ✓ Volunteer at a nursing home; read stories to those with impaired vision.

Education

- ✓ Ask a speaker from LFL to speak on how to best serve those with disabilities in a life-affirming way.
- ✓ Ask an individual with a disability to speak about his/her disability.
- ✓ Host a panel discussion on a specific disability. Ask an individual with that disability to serve as an expert panel member.

Worship

- ✓ Ask those with a disability to suggest ways to make your church more disability friendly.
- ✓ Create large print bulletins.
- ✓ Request printed sermons for those who are hard of hearing.
- ✓ Participate in or start a Bible study for those with cognitive disabilities. Include a craft and social time.