## Just as...IAM Hope in Illness

Offer to do housework for those with illness.

Offer to sit with someone when he or she is going through medical treatments.

Celebrate the hope and healing that we have in Christ.

Encourage those who are ill to listen to sermons, participate in their home church's online worship, and receive communion from their pastor.

"My son, be attentive to my words; incline your ear to my sayings. Let them not escape from your sight; keep them within your heart. For they are life to those who find them, and healing to all their flesh." - Proverbs 4:20-22

Engage in conversations that highlight the value of a person's life beyond illness. Remind others that our value resides in God's work to create, redeem, and call us rather than in our works, abilities, or health.

Invite someone to speak on long-term illness.

Celebrate good days, such as the end of a treatment cycle, low pain days, etc.

Sing hymns with those who are ill.

