

# Blessed in Longing Infertility

Validate longing and send messages or cards of encouragement.

Provide individual support for those suffering from infertility.

Share the Lutherans For Life resource "Prayers While I Wait."

Personally pray for infertile couples that they might conceive.

Invite a guest speaker to talk about infertility and barrenness.

Rejoice with those newly pregnant after struggling with infertility.

Include those who are barren in family activities or events with youth.

Include women without children in gift giving on Mother's Day.

Lead or encourage a group Bible study for those who are struggling with infertility.

Promote adoption and host fundraisers for those planning to adopt.

Use family inclusive language instead of singling out adopted children.

Encourage families without children to mentor youth, be active in VBS, or teach children's Sunday school.

"Sing, O barren one, who did not bear; break forth into singing and cry aloud, you who have not been in labor! For the children of the desolate one will be more than the children of her who is married," says the Lord. -Isaiah 54:1

