

# Blessed as a Gift

## Developmental and Intellectual Disabilities

Help teach life skills and independent living.

Volunteer to tutor those with disabilities.

Offer a period of respite for a caregiver.

Host a cookout to get to know a new church family.

Visit the homebound.

Mirror the ability to love without judgment.

Encourage adoption of children with disabilities.

Connect with AbleLight and invite them to speak.

Interview a family to find how a school or church could better meet the needs of someone with disabilities.

Provide transportation for those who can't drive.

Volunteer at camps or events designed for those with disabilities.

Rejoice in and recognize the gifts of those with disabilities.

Celebrate and support families who receive a fetal diagnosis of Down Syndrome.

Frequent establishments that provide jobs for those with disabilities.

Provide service and involvement opportunities for those with disabilities.

But now, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. -Isaiah 64:8

Who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself. -Philippians 3:21

