

# God Chose YOU for LIFE in Christ

## Facing Temptation

Connect individuals with opportunities to set boundaries (e.g. monitoring apps, chaperones, not serving or offering alcohol).

Monitor use of language and change wording to avoid reinforcing temptations (e.g. "beautiful" instead of "sexy" or "I'm sure" rather than "I bet").

Memorize a Scripture verse that will aid in resisting temptation.

Share struggles with a trusted individual to provide accountability.

Receive God's Word and Sacrament for strength and forgiveness.

Celebrate those in recovery (e.g. addictions) and resisting the urge to participate in sinful behaviors.

Offer to support someone else facing temptations, pray for them, and regularly check on them.

Make time to attend corporate worship.

"...for you know the testing of your faith produces steadfastness."  
James 1:3

Celebrate the hope and healing we have in Christ.



#LifeWeek2022

