

# God Chose YOU for Purpose

## Sudden Loss and Widowhood



#1

### *Share Grief*

Set up a grief share group in church or school.

#2

### *Remember*

Plan a memory garden or donate money for a tombstone.

#3

### *Devotions*

Write devotions for those who have had a miscarriage or stillborn child.

#4

### *Collect and Donate*

Start a collection for a child's funeral costs; donate a wedding dress to make burial clothes for an infant.

#5

### *Schedule Time*

Schedule time to be with the person experiencing loss on the anniversary of that loss.

#6

### *Visit and Hold*

Visit the hospital when families are preparing for loss or grieving. Hold their hands, listen, and be present.

#7

### *Attend and Serve*

Attend funerals, sing funeral hymns, and express your condolences. Pray for the family, donate, and serve at the funeral meal.

### *Offering*

Set aside chapel offerings for a children's hospital or help purchase a wheel chair for an elderly person.

#8

#9

### *Celebrate*

Celebrate wedding anniversaries for widows.

#10

### *Worship*

On All Saints Day, recognize those who have passed in the previous year.

#11

### *Seek Counsel*

Seek the counsel of pastors, church workers, and Christian family and friends as you work through times of loss and suffering.

**#LifeWeek2022**

