

God Chose YOU for Purpose

Elderly and End of Life

Visit, call, or write to an elderly person. Create pen-pals between the elderly and youth.

Volunteer to help a retiree with cleaning, yard work, and general upkeep.

Volunteer to conduct a life interview with an elderly person.

Ask an older person to present the history of the church and what he/she remembers.

Create a cookbook of favorite recipes. Ask all generations to contribute.

Ask to be taught new skills by a grandparent, elderly neighbor, or grandchild.

Create a card game competition or other social activity at church.

Host an event to discuss end of life. Include information on wills, funerals, and medicine.

Take a day trip or eat a meal with an elderly person.

Offer to care for someone at end of life by washing his/her hair or shaving his face.



#LifeWeek2022

