

God Chose YOU from the Beginning

Developmental and Intellectual Disabilities

Volunteer to tutor a classmate who is struggling academically.

Make participation in service activities and celebratory events possible for those with disabilities.

Plan a special outing for someone with an intellectual or developmental disability. Choose an event your friend would especially enjoy or provide a new experience like painting, attending a baseball game, or going to an art museum.

Plan and carry out a prom for those with disabilities.

"For you formed my inward parts; you knitted me together in my mother's womb.

I praise you, for I am fearfully and wonderfully made.

Wonderful are your works; my soul knows it very well.

My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there were none of them."

Psalm 139:15-16

Ask those with disabilities how to make your church, school, or gathering more friendly and accessible.

Help organize or volunteer at a Special Olympics event.

Ask an individual with a disability to speak on his/her own disability, or ask a speaker from LFL to present on how to uphold the lives of those with disabilities.

Offer to help an individual or family facing a newly diagnosed disability. Provide meals, babysit, or check in regularly to provide spiritual care, friendship, and prayer.

#LifeWeek2022

