

Life Week 2022: Q and A

What is Life Week 2022 anyway?

Sponsored by LFL and Y4Life, Life Week 2022 is a week full of activities, educational opportunities, and other events for adults and youth. The week begins on Sunday, January 16, and culminates with the Y4Life in Washington, D.C. and LFL at the March conferences on Saturday, January 22.

How do I sign up?

It's easy! If you already receive emails from LFL, you're signed up! If not, head over to Y4Life.org and click the "Sign up" button. Enter your name and email address and make sure the Life Week box is checked, and you're all set!

What comes next?

You have two choices; you can plan ahead for Life Week 2022 activities or simply go with the flow.

I'm more of a go with the flow person. What can I expect during Life Week 2022?

By signing up, you'll receive one email a day from LFL. It will include the theme and color for the day, a devotion connected to the theme, and the Zoom code for the educational event (Sunday-Wednesday). The email will also include a link to LFL's website. By clicking the link, you'll find even more information connected to the day's theme; from a fact sheet to multiple activity sheets, you'll have plenty of opportunities to learn about life issues and take action to support life.

Which themes do you plan to cover?

The main theme of Life Week 2022 is **God Chose YOU!** Each day will focus on how God chose you and what God chose you for. Here's the list:

Day 1: God chose YOU from the beginning.

Day 2: God chose YOU to be His temple.

Day 3: God chose YOU to belong.

Day 4: God chose YOU for purpose.

Day 5: God chose YOU with forgiveness.

Day 6: God chose YOU for LIFE in Christ.

Day 7: God chose YOU for LIFE together.

You said you're offering live educational events as well. How can I join?

Each night from Sunday, January 16, through Wednesday, January 19, LFL be hosting live educational events on Zoom with guest speakers who are experts in their field. Presentations will follow the daily themes and begin at 8 P.M. E.T. Zoom codes will be sent in the daily emails mentioned above, but they will also be posted online. There are 100 participant spots available. If every spot is filled, the presentation will also be live-streamed on LFL's YouTube page.

What about in-person events?

For the first time ever, LFL and Y4Life will each be hosting a conference in Washington, D.C. and both conferences will include participation in the March For Life! Y4Life in Washington, D.C. is open to all college and high school youth and their leaders. This conference is FREE, but we do need you to register [here](#).

LFL at the March is open to up to 100 adults. The cost is \$50 and registration happens [here](#).

What if I'm busy? Will the educational events be recorded?

Yes and no. Each on-line presentation (Sunday-Wednesday) will be recorded and uploaded to LFL's YouTube page at a later date. However, the presentations in Washington, D.C. will not be recorded or live-streamed.

Going with the flow sounds good, but what are the benefits of planning ahead?

Life Week 2022 resources are already being uploaded! Reading through the materials ahead of time gives you an opportunity to decide how to promote Life Week 2022 in your church, school, and community. Being familiar with the fact sheets designed for each day is a great start, but you'll also want to choose a few activities you can prepare for in advance and carry out during the week. Advertising and recruiting participants for your events can be done today!

Why does each day have different activity sheets?

Activity sheets are filled with ideas for supporting life, and each sheet is centered on a different life issue. Life issues often devalue life or can lead to a life crisis. As people of LIFE, we want to be multi-faceted not only in our approach to life issues but also in the way we carry out our LIFE work. These sheets offer a variety of ideas for doing so.

Do you have any activities planned for youth?

We do! In addition to the educational events, fact sheets, and activity sheets mentioned above, youth are invited to attend our Y4Life in Washington, D.C. conference. Conference sessions are free to youth and their leaders. Youth have also been invited to participate in three competitions with \$100 prizes. We're choosing winners on January 7, so be sure to send in your entries soon!

Is there anything else I should know about?

You'll definitely want to catch all of the 4Life testimonials that will be appearing on our social media and share them with your friends and family! Follow Lutherans For Life on Facebook and Y4Life on Instagram and Snapchat (lfly4life) for access.

How can Life Teams and Y4Life Teams use Life Week 2022?

Good news! Not only can Life Week 2022 materials be accessed now, but they will also be archived on LFL's website. You and your life team can download documents any time and make plans to support life all year long. Activity sheets are full of ideas for future projects; pick one or two a month, and you'll have more than a year's worth of ideas for your team and community to get involved in supporting life from a Gospel-motivated perspective! For even more ideas, check out our **Life Week 2022 Tailored for YOU** document.