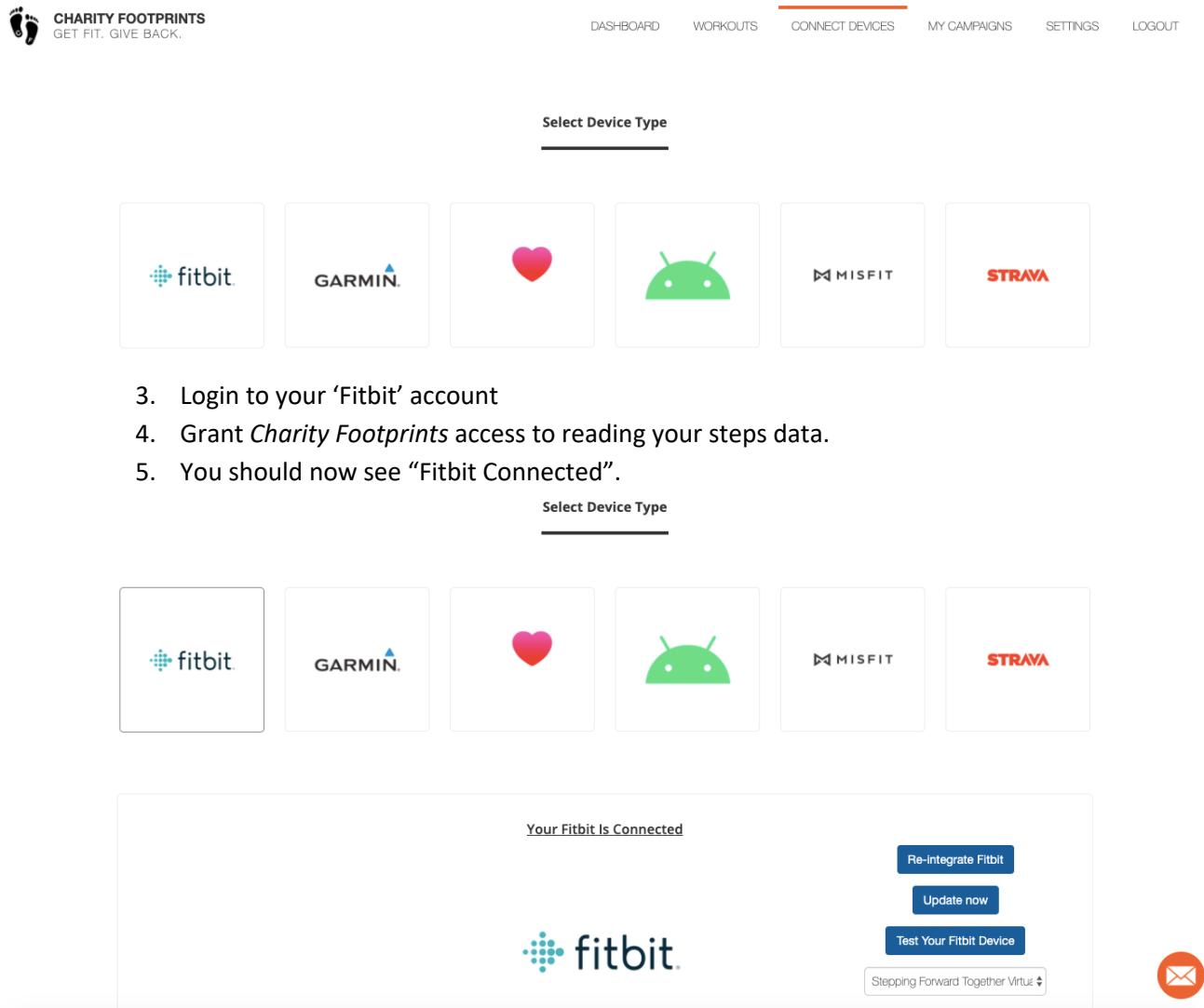


Sync Fitness Wearable Devices

Select a device type that you'd like to track your miles/steps/KM on and follow the steps to set up.

Fitbit

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (these are the credentials you used to register for the campaign).
2. Click on the "fitbit" button. This will take you to Fitbit's website.



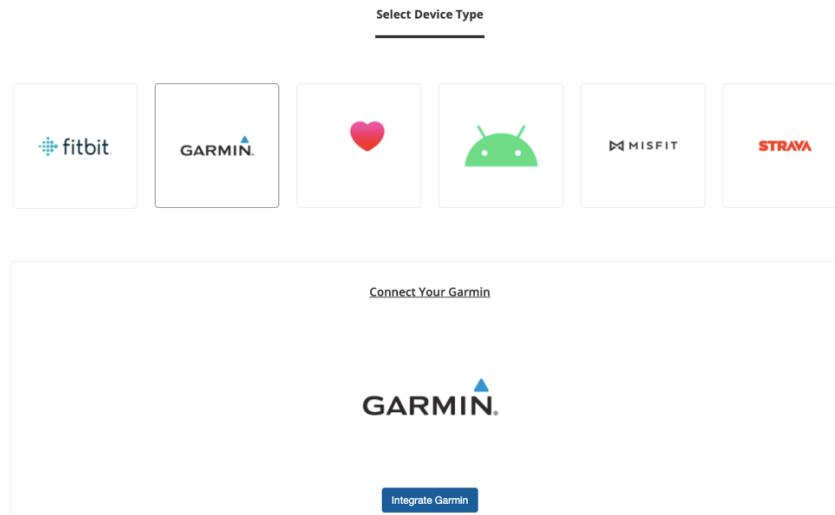
6. In the dropdown below "Test your Fitbit Device", select your campaign.
7. Now, when you sync your Fitbit with your Fitbit app, Charity Footprints will sync the steps automatically.

Note: If "Test your Fitbit Device" doesn't show last 7 days of steps data, please "Re-integrate Fitbit."

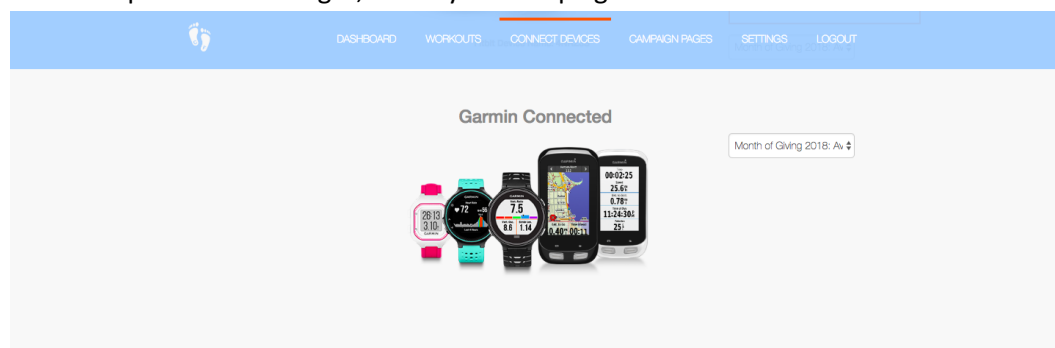
Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at support@charityfootprints.com, and we'll check the logs to confirm the device has been setup correctly.

Garmin

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the "Garmin" button. This will take you to Garmin's website.



3. Login to your Garmin account
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see "Garmin Connected."
6. In the dropdown on the right, select your campaign.

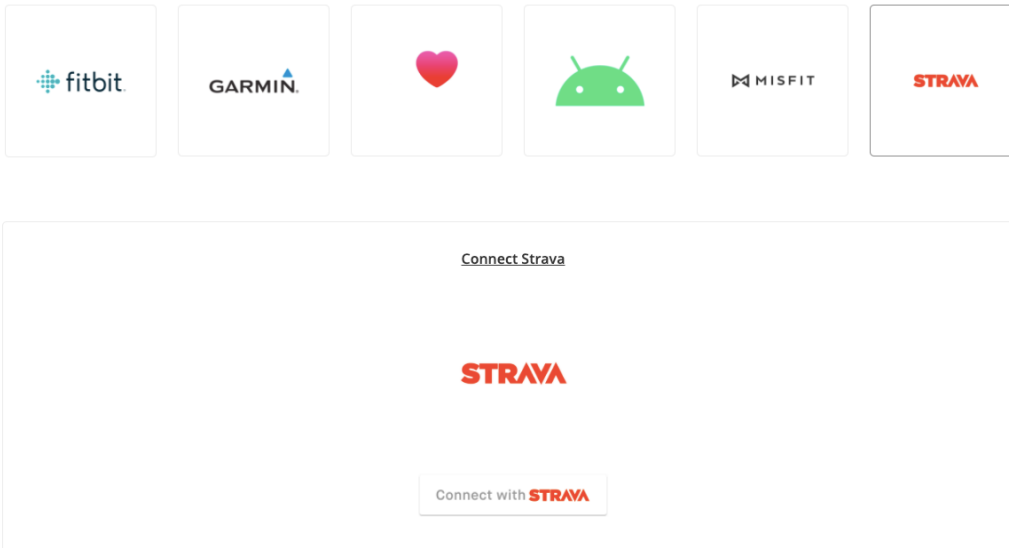


7. Now every time you sync your Garmin with your Garmin Connect, Charity Footprints will sync the steps automatically.

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at support@charityfootprints.com, and we'll check the logs to confirm the device has been setup correctly.

Strava

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the “Connect with Strava” button. This will take you to Strava’s website.

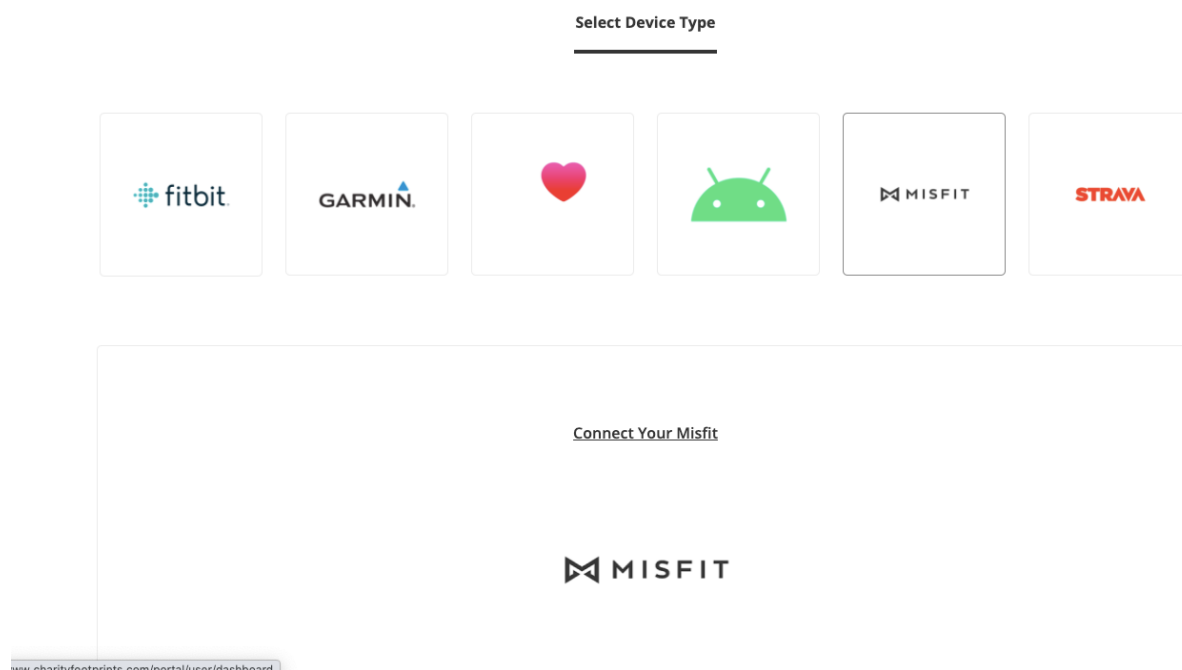


3. Login to your Strava account
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see “Strava Connected.”
6. In the dropdown on the right, select your campaign.
7. Now every time you sync your Strava with your Garmin Connect, Charity Footprints will sync the steps automatically.

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at support@charityfootprints.com, and we’ll check the logs to confirm the device has been setup correctly.

Misfit

1. Go to <https://www.charityfootprints.com/portal/user/devices>, and login using your Charity Footprints credentials (that you used to register for the campaign).
2. Click on the “Integrate” button. This will take you to Misfit’s website.

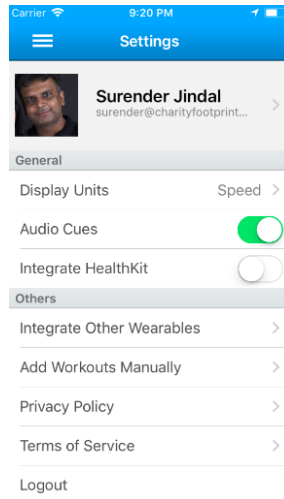


3. Login to your Misfit account.
4. Grant *Charity Footprints* access to reading your steps data.
5. If above steps are successful, you will see "Misfit Connected."
6. In the dropdown on the right, select your campaign.
7. Now every time you sync your Misfit, Charity Footprints will sync the steps automatically.

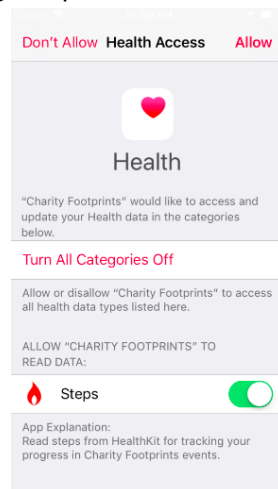
Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at support@charityfootprints.com, and we'll check the logs to confirm the device has been setup correctly.

Apple Watch/HealthKit

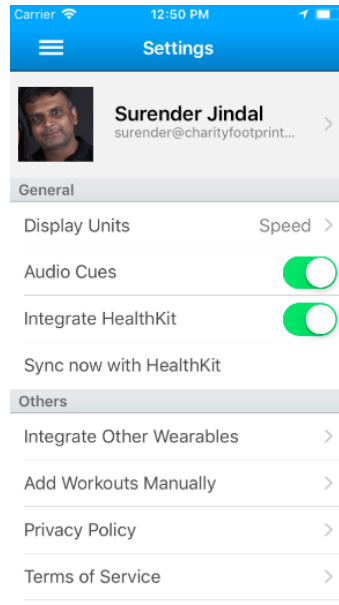
1. Sync your Apple Watch with "Health" app on your iPhone. The good people at Wikihow have [these instructions](#), in case you need some help with this.
2. Download the Charity Footprints [iOS app](#).
3. Login using your Charity Footprints credentials (that you used to register for the campaign).
4. Click on the hamburger menu (three parallel lines) and go to "Settings."
5. You should see "Integrate HealthKit" option. If not, please make sure that you have the latest version of the Charity Footprints app, then restart your app and make sure you are connected to Internet. Contact us (support@charityfootprints.com) if you still don't see "Integrate Healthkit."



6. Click “Integrate HealthKit” and grant permission for Charity Footprints app.



7. You should now be able to see the “Sync now with HealthKit.” Your Apple Watch is now synched, and Charity Footprints will now be able to read your steps data.

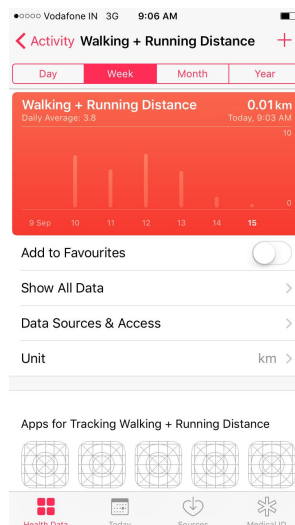


8. To update your steps on the campaign, simply open the Charity Footprints app and your HealthKit steps will automatically sync with our servers.

Troubleshooting Apple Watch/HealthKit:

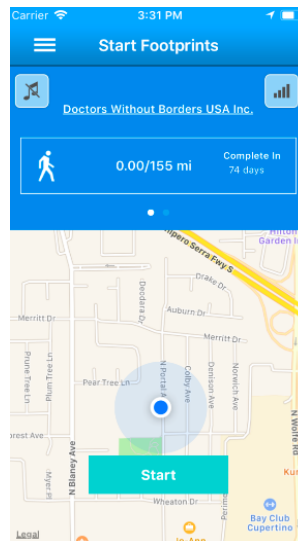
If you have linked your Apple Watch but do not see steps updated to the campaign pages, please check the following settings:

- 1) Re-integrate Healthkit from the Charity Footprints iOS app. If you get any errors please send us an email at support@charityfootprints.com.
- 2) Next, open the Health app to confirm that the Health app is recording the steps from your Apple Watch.
- 3) Make sure that the “Charity Footprints” app is listed in data sources for reading steps from HealthKit.

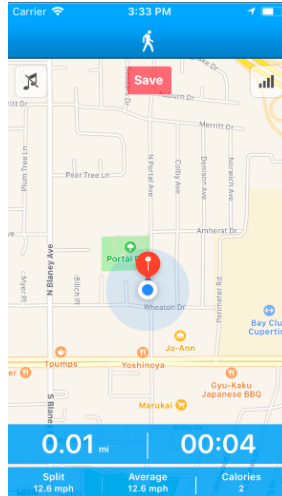


Free Mobile Fitness Apps

1. Download Charity Footprints free [Android](#) / [iOS app](#) on your device.
2. Login (or signup) using credentials you used to register for the campaign
3. You may choose to integrate Google Fit or HealthKit respectively from settings section (if available) or follow next steps to track your workout from our app. Note: Integration with Google Fit / HealthKit allows users to keep recording their daily activities and create workouts corresponding to them by launching our app. This is most seamless way of adding miles on campaign throughout the day else you would need to open our app and save workout explicitly to meet your fitness goals.
4. You must already be registered on your campaign before recording fitness activity on the apps.
5. Once you have registered on the campaign, you would get a start screen similar to one shown below where you should see your campaign name on the top.



6. Click on Start to start recording a workout



7. Complete your workout and tap “Save” to save your workout to our server, so it will be counted towards your fitness goal for the campaign. Please note that your phone is receiving good GPS signal for accurate tracking. Inclement weather and/or high rise buildings generally lead to difficulty in accurately storing workout. Please make sure you are connected to network else your workout will be saved locally and will be pushed to server when you exit and restart the app in presence of network.

Note: If your steps data does not start appearing on the campaign site within 24 hours, please email us at support@charityfootprints.com, and we’ll check the logs to confirm the device has been setup correctly.

Manual submissions

1. Go to https://www.charityfootprints.com/portal/user/upload_workout, and login using your Charity Footprints credentials (these are the credentials you used to register for the campaign).

Upload An Activity

Activity Type

Fitness (miles) ▾

Enter workout (miles)

Start Date & Time

End Date & Time

Campaign Details

Select Campaign

Select Campaign ▾

Submit Activity

2. Enter the workout details (miles/steps/KM, duration, Start & End Date and Time).
 - a. Use the standard conversion factor of 2000 steps = 1 mile, if you've recorded the workout in steps.
3. Select your campaign.
4. Click on the Blue Submit Activity button.