## DAY 8: YOU ARE INDISPENSABLE!

## ENCOURAGE

Send notes or cards of encouragement to those outside the church. Share the hope you have in Christ For Life!

## SEND

Send birthday cards with a pro-life message.

# GIVE THANKS

Give thanks for those in your life.



#### REMEMBER

Remember to celebrate the moments. Meet for coffee with friends, take a walk with a spouse, rejoice over good test results, celebrate the end of a difficult time with a meal. Each moment in life is a gift! Each life is worth celebrating!

### POST

Post a 4Life message on social media – make it a weekly effort!