DAY 8: YOU ARE INDISPENSABLE!

ENCOURAGE

Place notes of encouragement on lockers or in mailboxes on campus.

SEND

Send birthday cards with a pro-life message.

GIVETHANKS

Give thanks for those in your life.



REMEMBER

Remember to celebrate the moments. Make a midnight run for donuts, take a walk with a friend, rejoice over a good grade, celebrate the end of finals with an impromptu pizza party. Each moment in life is a gift! Each life is worth celebrating!

POST

Post a 4Life message on Snap Chat – make it a weekly effort!