



Make time to attend **corporate worship;** receive God's Word and Sacrament for strength and forgiveness.

Recognize that God has made you, Christ has redeemed you, and the **Holy Spirit has called** you to faith. These realities give your life meaning and purpose.





Ask others to pray for you.

Spend time in God's Word daily.



Consider personal Bible study and prayer journaling; look back every once in a while to see how **God has answered** your prayers.



Day 7: Lam Indispensable.





Ask your pastor to add gratitude for life in prayers at worship.

Seek forgiveness when you have errored.



Participate in and/or help lead a Bible study at school or church.

