



Make time to attend **corporate worship;** receive God's Word and Sacrament for strength and forgiveness.

Recognize that God has made you, Christ has redeemed you, and the Holy Spirit has called you to faith. These realities give your life meaning and purpose.





Ask others to pray for you.

Spend time in God's Word daily.



Consider personal Bible study and prayer journaling; look back every once in a while to see how **God has answered** your prayers.



Day 7: Lam Indispensable.





Ask your pastor to add gratitude for life in prayers at worship.

Seek forgiveness when you have errored.



Participate in and/or help lead a Bible study at church or in congregation homes.

