

# Education

#LifeWeek2021

Be aware of your mental health. Learn how to stay well physically, emotionally, and spiritually. When you become unwell, see a doctor, Christian counselor, or Lutheran pastor.

Ask others to teach you a skill or help you understand a concept.

Attend For Life Live or other life events through LFL.

Read articles on the sanctity of life. Know why you're for life and practice speaking from a Gospel-motivated perspective.

Establish a Bible reading plan. Make it a goal to read the entire Bible in a year.

Engage in for-life apologetics training.

Recognize that others need you in the world.

Learn about vocation and the many opportunities God has provided for you to serve and be served.

Reread Genesis. Note how God forms humans by hand and takes care of them, how He forgives them and is always working for their good. Recognize how He is doing the same for you.

## Day 7: I am Indispensable!