

Day 6: The Aging are Indispensable!

Visit a child in a hospital or cancer ward. If visiting isn't allowed, donate puzzles, crayons, coloring books, playdoh, stuffed animals, blankets, hats, costumes, and books.

Volunteer to read magazine articles, short books, or chapters in a novel to someone who is elderly.

Volunteer to shovel driveways and sidewalks for those who are aging.

Raise money to supplement the cost of an infant's funeral.

Regularly visit, call, or write to someone who is elderly.

Sponsor a workday at an elderly person's house.

Raise money for children who are terminally ill through a dance marathon, a walkathon, or other event in your community.

Visit the hospital when families are preparing for loss or grieving. Hold their hands, listen, be present.

Service
#LifeWeek2021

Volunteer at nursing home.

Serve at a funeral meal.

Offer to babysit while parents visit child in NICU.

Offer to help care for someone at the end of his or her life by washing his/her hair, shaving him, reading, playing piano, or singing to the individual.

Collect wedding dresses or purchase them at thrift stores to help make burial clothes for an infant.

Raise money for gas cards and gift cards for food. Give them to families who have young children in the hospital.