

DAY 6

The Aging are Indispensable!

Ask an elderly person in your life for advice on how to make a marriage last, be a successful worker, or find joy in life.

Ask an older member for a presentation on the history of the church and/or school. What does he/she remember about how things used to be?

Ask an elderly person to describe what life was like years ago, what some of his/her favorite experiences were, subjects in school, activities outside of school. Then ask a youth to share the same details!

Invite guest speakers to discuss historical events and ask how their faith helped them get through those difficult times.

Invite grandparents to attend and participate in confirmation class; give them the opportunity to help pass on the faith.

Engage people of all ages in an empathy activity for the elderly or disabled. Use ear plugs, place Vaseline on glasses, wear stiff plastic gloves on hands, or use a wheel chair to begin understanding how aging affects the body.



HOLD A TECHNOLOGY NIGHT. HAVE STUDENTS TEACH OLDER PEOPLE HOW TO TROUBLESHOOT SMART PHONES, COMPUTERS, AND OTHER ELECTRONIC DEVICES.

Invite a speaker to discuss Godly approaches to end of life. Include topics like physician-assisted suicide, hospice care, wills, directives, and funeral planning.

Invite grandparents or an elderly neighbor/church member to teach youth a new skill. Consider woodworking, cooking, sewing, or some other craft.