

# DAY 6

## The Aging are Indispensable!

Ask an elderly person in your life for advice on how to make a marriage last, be a successful worker, or find joy in life.

*Ask an older member for a presentation on the history of the church and/or school. What does he/she remember about how things used to be?*

*Ask an elderly person to tell you what life was like years ago, what some of his/her favorite experiences were, subjects in school, activities outside of school.*

Invite guest speakers to discuss historical events and ask how their faith helped them get through those difficult times.

***Invite grandparents to attend and participate in confirmation class; give them the opportunity to help pass on the faith.***

Engage in an empathy activity for the elderly or disabled. Use ear plugs, place Vaseline on glasses, wear stiff plastic gloves on hands, or use a wheel chair to begin understanding how aging affects the body.



HOLD A TECHNOLOGY NIGHT. HAVE STUDENTS TEACH OLDER PEOPLE HOW TO TROUBLESHOOT SMART PHONES, COMPUTERS, AND OTHER ELECTRONIC DEVICES.

Invite a speaker to discuss Godly approaches to end of life. Include topics like physician-assisted suicide, hospice care, wills, directives, and funeral planning.

Invite grandparents or an elderly neighbor/church member to teach you and/or your classmates a new skill. Consider woodworking, cooking, sewing, or some other craft.