

Hold a Grandparents' Day at school. Invite them to attend chapel, sit in on class, and eat lunch with youth.

# Day 6: The Aging are Indispensable.

Take a day trip or other outing with an elderly individual; eat a meal with him or her.

Greet elderly visitors to your church. Thank them for attending special events and speak to them at a reception afterwards.

Sponsor a card game night at church; celebrate with snacks and fellowship halfway through.

## Celebration

#LifeWeek2021

Record a life interview. Ask an elderly person to share his favorite memories and then transcribe those into a short book of stories.

Honor and uphold families by creating family trees with grandparents.

Compile cookbooks of favorite recipes. Include positive life messages or Bible verses at the bottom of each page.

Create a pen-pal partnership with someone in a nursing home or someone who is homebound. Send gifts on special holidays and plan to meet up to celebrate your new friendship.