

**Celebrate  
wedding  
anniversaries for  
widows.**

Day 5:  
The Suffering  
are  
Indispensable!

Celebrate the end  
of a stressful  
week with a  
three-minute  
dance off or other  
activity.

Create positive habits  
like taking walks;  
include others in-  
person or through  
phone calls.

**CELEBRATION**  
#LifeWeek2021

**TAKE TIME  
FOR BREAKS  
WITH FRIENDS.**

*Participate in an All  
Saints Day service  
that recognizes  
those who have  
passed before you.*

*Celebrate the  
hope and  
healing we  
have in  
Christ.*

Celebrate the end of  
quarters, semesters, and  
the completion of major  
assignments. Share your  
accomplishments with  
those you love and  
recognize God's provision  
in your life.