## Ask a speaker from LFL or Bethesda to speak on how to best serve those with disabilities in a life-affirming Way.



## Those with Disabilities are Indispensable.

Engage in an empathy activity by limiting your abilities for a short time. (Place Vaseline on your glasses to simulate vision impairment. Place stiff gloves on your hands to limit movement. Wear earplugs for hearing impairment.)

Create an educational event that focuses on a specific disability seen in your church. Ask an individual with that disability to be an expert on the panel discussion.

Education #LifeWeek2021