

Day 4: Those with Disabilities are Indispensable.

Celebration
#LifeWeek2021

Send cards and gifts (quilts, fruit baskets, etc.) from individuals and the congregation during major holidays. Ask those with disabilities to participate in the gift-giving.

Ask someone with disabilities to help throw a birthday party or other event.

Plan an outing for someone with disabilities.

Similar to Christmas Caroling, plan and participate in Lenten Caroling, bringing hymns to nursing homes and group homes and encouraging residents to sing along.

Sponsor a prom for those with disabilities.

Celebrate birthdays of those with disabilities.

Spend time getting to know and building a friendship with someone who has a disability.